

Dance Contigo

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Elsa Campbell (USA) - November 2014
音乐: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



(Intro: 40 counts from the first note or 32 counts after “..Enrique..Iglesias”)

Section 1: Forward Mambo; Back Mambo, Right side Mambo; Left side Mambo

1&2 R forward, L in place, R beside left
3&4 L back, R in place, L beside right
5&6 R to right, L in place, R beside left
7&8 L to left, R in place, L beside right

Section 2: Side steps right, Side steps left

1&2& R to right, L beside right, R to right, L beside right
3&4& R to right, L beside right, R to right, touch L beside right
5&6& L to left, R beside left, L to left, R beside left
7&8& L to left, R beside left, L to left, touch R beside left

(Styling Option: Bump hips; slide hands up from hips to ribs while moving to the right; slide hands down while moving to the left.)

Section 3: Rock steps

1&2 R over left, L in place, R beside left
3&4 L over right, R in place, L beside right
5&6 R over left, L in place, R beside left
7&8 L over right, R in place, L beside right

Section 4: Samba steps with 1/4 right turn, Samba steps with 1/4 right turn

1&2 R over left, L to left, 1/4 right onto R
3&4 L over right, R to right, L to left
5&6 R over left, L to left, 1/4 right onto R
7&8 L over right, R to right, L to left

Begin Again!

Contact: elsacampbell@sbcglobal.net
