

# Like I Can

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Alison Carrington (UK) - November 2014  
音乐: Like I Can - Sam Smith : (Album: In The Lonely Hour)



32 count intro.

## Section 1: Walk R&L, rocking chair, walk R&L, heel & heel

1,2,3&4&      Walk forward R,L, rocking chair forward & back & weight on left  
5,6,7&8&      Walk forward R,L, dig right heel, & dig left heel & weight on left

## Section 2: Cross & heel & cross & heel, front,side, behind, side mambo step

1&2&      Cross R over L, step on L, dig R heel, step on R  
3&4&      Cross L over R, step on R, dig L heel, step on L  
5&6      Step R over L, step L to L, step R behind L  
7&8      Side rock L to L, recover onto R, bring L beside R

## Section 3: Monterey x ¼ right twice, sailor ¼ L, front, side, behind

1&2&      Touch R to R, turn ¼ R stepping on R, touch L to L, bring L to R  
3&4      Touch R to R, turn ¼ R stepping on R, touch L to L & hold  
5&6      Cross L over R, turn ¼ L stepping back on R, step back on L  
7&8      Cross R over L, step L to L, step R behind L

## Section 4: Side chasse L, sailor ¼ right, L shuffle forward, R kick, ball, change

1&2      Step L to L, bring R beside L, step L to L  
3&4      Step R behind L as turn ¼ R, step on L, step on R  
5&6      Step forward L, bring R to L, step forward L  
7&8      Kick R forward, step on R, step on L

Repeat

Tag 1: only on walls 2,4 & 6

Tag 1 & Tag 2 on wall 5

## Tag 1: Side, rock back, side, rock back, out, in ,out, behind, side, cross

1,2&      Step R to R, rock L behind R, step on R  
3,4&      Step L to L, rock R behind L, step on L  
5&6      Tap R toe out, in, out to right, weight on R  
7&8      Step L behind R, step R to R, cross L over R

## Tag 2: Hip sway R,L,R,L

1,2,3,4      Sway hips R,L,R,L

To end the dance repeat Tag 1 again on wall 6, you should end facing 12.00.

KEEP DANCING AND ENJOY!!!

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