2 Left Feet (For Beginner)

级数: Beginner - Country LD

编舞者: David Linger (FR) - September 2008

音乐: 2 Left Feet - The Woolpackers : (CD: Emmerdance, track 12)

For teaching

拍数: 32

"Yeah Buddy" by Jeff Carson – 170 BPM - CD "Line Dance Fever 1", track 7 "Ain't Drinkin' Anymore" by Kevin Fowler – 160 BPM - CD "Loose, Loud & Crazy", track 4 "Chicken Truck" by John Anderson – 156 BPM - CDs "Anthology", CD1, track 10

R Hook Combination, R Swivel, L Stomps

- 1 2 Touch R heel diagonally right forward, R hook in front of L leg
- 3 4 Touch R heel diagonally right forward, step R slightly to the right side
- 5 6 Swivel R heel to the right side, swivel R toe to the right side (weight on R)
- 7 8 L stomp-up near R foot, L stomp-up beside R foot (L returns progressively beside R)

L Hook Combination, L Swivel, R Stomps

- 1 2 Touch L heel diagonally left forward, L hook in front of R leg
- 3 4 Touch L heel diagonally left forward, step L slightly to the left side
- 5-6 Swivel L heel to the left side, swivel L toe to the left side (weight on L)
- 7 8 R stomp-up near L foot, R stomp-up beside L foot (R returns progressively beside L)

Out-Out-In-In, Grapevine R, L Touch

- 1 2Step R diagonally right forward, step L diagonally left forward
- 3 4 Step R back to the center, step L back to the center (L beside R, weight on L)
- 5 6Step R to right side, cross L behind R
- 7 8 Step R to right side, touch L beside R

Out-Out-In-In, Grapevine L with 1/4 Turn Left, R Touch

- Step L diagonally left forward, step R diagonally right forward 1 - 2
- 3 4 Step L back to the center, step R back to the center (R beside L, weight on R)
- 5 7 Step L to left side, cross R behind L
- 7 8 Make 1/4 turn left (9.00) stepping L forward, touch R beside L

BE COOL, SMILE & HAVE FUN !!!

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墙数:4