Overrated!



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Stephen Paterson (AUS) - October 2014

音乐: Overrated - Tim McGraw: (Album: Sundown Heaven Town, iTunes - 3:28)



Start dance after count in with introduction

INTRODUCTION: (The 16 count introduction is the 8 Count Tag repeated)

TAG: (Danced twice as an introduction and once after walls 2 and 6 which brings you from the back to the starting wall,

after wall 9 only 6 counts of the Tag is needed facing 3 O'clock wall)

[1-8]□□Rock Forward, Recover, Coaster, Forward, Tap, Half Forward, Forward

1 2 Rock step left forward, recover back onto right in place 3 & 4 Step left back, step right beside left (&), step left forward

5 6 Step right forward, tap left beside right*

7 8 Turn 1/2 left then step left forward, step right forward

DANCE:

[1-8] Cross, Side, Behind, Side Rock, Behind, Quarter, Step, Quarter Pivot

1 2 3 4 Step left across right, step right out to side, step left behind right, rock step right out to side

[12.00]

& 5 6 Recover weight onto left in place (&), step right behind left, turn 1/4 left then step left forward

[9.00]

7 8 Step right forward, pivot 1/4 left taking weight onto left in place [6.00]

[9-16]**□Cross, Side, Heel, Ball Cross, Quarter Back, Rock Back, Recover, Roll Forward Half, Half

1 & 2 Step right across left, step left slightly out to side (&), tap right heel to right 45

& 3.4 Step ball of right slightly out to side (&), step left across right, turn 1/4 left then step right back

[3.00]

5 6 Rock step left back, recover forward onto right in place

7 8 Turn 1/2 right then step left back, turn 1/2 right then step right forward [3.00]

[17-24] Forward Rock, Recover, Triple Full Turn, Forward Rock, Recover, Half Shuffle

1 2 Rock step left forward, recover back onto right in place

3 & 4 Turn a full turn left in place, stepping left, right(&), left□ [3.00]

Rock step right forward, recover back onto left in place

7 & 8 Turn 1/2 right then shuffle forward right, left(&), right [9.00]

[25-32]□Out, Out, Back, Coaster, Jazz Diamond (After the Chorus on walls 3, 7 and 10 repeat counts 28-32)

& 1 2 Step left forward and out to left 45 (&), step right out to side, step left back

3 & 4 Step right back, step left beside right (&), step right forward

#The next four counts step out a diamond, picture the 4 points of a compass, the right foot starts on the West point

5 6 Step left forward and across right to North point, step right out to East point,

7 8 Step left back to South Point, step right across to West point

REPEATS: At the end of the Chorus, walls 3, 7 and 10, you will repeat the last 4 counts of the dance before starting the next wall. These will be done to the 9 o'clock wall, 9 o'clock wall and front wall respectively

RESTARTS: □On Wall 4 Dance up to count 16 (**) then Restart to the front wall

ENDING: On Wall 11 Dance up to count 26 &, turn 1/4 right then step right out to side

Sequence: Intro 16, 32, 32, 8 count Tag, 32+4, 16, 32, 32, 8 count Tag, 32+4, 32, 32, *6 count Tag, 32+4, 26

to finish

This is an original dance sheet, feel free to copy without change for distribution

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