

Lay Me Down

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Taren Gaia (SA) - November 2014
音乐: Lay Me Down - Avicii



Intro: □64 counts

[1-8]□□Walk, walk, kick ball change, hip bump R, hip bump L

1-2 Step RF fwd, step LF fwd
3&4 Kick RF fwd, step RF to LF, step LF fwd
5&6 Tap RF fwd with hip bump, step RF fwd
7&8 Tap LF fwd with hip bump, step LF fwd

[1-8]□rock recover, 1/4 step drag, stand, rocking chair

1-2 Step RF fwd, recover weight onto LF
3-4 Making 1/4 turn R step RF to R side, drag LF to RF & stand on LF
5-6 Step RF fwd, recover weight onto LF
7-8 Step RF back, recover weight onto LF

[1-8]□Dorothy R, side rock recover, Dorothy L, side rock recover

1-2& Step RF to diagonal, step LF behind RF, step RF to diagonal
3-4 Step LF to L side, recover weight onto R
5-6& Step LF to diagonal, step RF behind LF, step LF to diagonal
7-8 Step RF to R side, recover weight onto L

[1-8]□behind side cross, rock recover cross behind, R sweep back, L sweep back

1&2 Step RF behind LF, step LF to L side, step RF over LF
3&4 Step LF to L side, recover weight onto R, step LF behind RF
5-6 Sweep RF back, stand on RF
7-8 Sweep LF back, stand on LF

Restarts: Walls 6 and 14: Dance first 16 counts, Restart after the rocking chair

Note: -□

Wall 6, you Restart facing the back wall (6:00)

Wall 14, you Restart facing the front wall (12:00)

Contact: taren.gaia@gmail.com