

# Rock In My Shoe

**COPPER** **NOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Anette C. Holtet (NOR) - November 2014  
音乐: (Can't Stop) Got a Little Rock In My Shoe - Billy Burnette



## Back, touch, back, touch, boogie walks forward

- 1-2      Step left diagonally back, touch right next to left
- 3-4      Step right diagonally back, touch left next right
- 5-6      Small step left forward (bending knees to left), small step right forward (bending knees to right)
- 7-8      Small step left forward (bending knees to left), small step right forward (bending knees to right)

## Left rocking chair, shuffle forward, touch

- 1-2      Rock forward on left, recover on right
- 3-4      Rock back on left, recover on right
- 5-6      Step left forward, step right next to left
- 7-8      Step forward on left, touch right next to left

## Side steps, touches ¼ turn left

- 1-2      Step right to right side, touch left next to right & snap your fingers
- 3-4      Step left to left, touch right next to left & snap your fingers
- 5-6      Step right to right, touch left next to right & snap your fingers
- 7-8      ¼ turn stepping left to left, touch right next to left & snap your fingers

## Hip bumps, hip roll

- 1&2      Step right slightly forward bumping right hip, bump left hip bak, bump right hip forward (weight on right)
- 3&4      Step left slightly forward bumping left hip, bump right back, bump left hip forward (weight on left)
- 5-6      Step right small step to right starting a hip roll counterclockwise (weight ends on right)
- 7-8      Hip roll counterclockwise (weight ends on right)

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