

House Party

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Johanna Barnes (USA) - October 2014
音乐: House Party - Sam Hunt



Additional: 16 ct intro, 1 restart after 32 counts of the 3rd phrase**

[1~8]: □DIAGONAL STEP/SLIDE TOUCHES x2, ROCK-RECOVER ¼, CROSS, SIDE

1, 2 R step* forward on a diagonal toward 1:00, angle to face 11:00 (1); L touch step next to R (2)

3, 4 L step* forward on a diagonal toward 11:00, angle to face 1:00 (3); R touch step next to L (4)

*** Optional styling for steps: 'slide' into the step, pushing off the back foot as the front foot slides into the step**

5&6 R rock forward (5); recover weight back onto L (&); R step ¼ R [3:00] (6)

7, 8 L step across R (7); R step to right side (8)

[9~17]: □SAILOR STEP, FORWARD/SIDE ROCK-RECOVERS, BEHIND, SIDE TOUCH, ¼ L-PUSH, COASTER STEP

1&2 L step behind R (1); R small step to right side (&); L small step to left and slightly forward (2)

3&4& R small rock forward (3); recover weight onto L (&); R small rock to right side (4); recover weight onto L

*** Keep your L mainly where it is and just make a small push forward then to the side with your R**

5, 6, 7 R step behind L (5); reach L to left side, putting pressure into L ball-of-foot (6); push off L while making a ¼ turn left [12:00], taking weight back onto R (7)

8&1 L step back (8); R step next to L (&); L step forward (1)

[18~24]: □HOLD, WALK, HOLD, L FORWARD MAMBO, R BACK MAMBO

2, 3, 4 Hold (or 'settle' down into L knee, or touch R next to L) (2); R step forward (3); Hold (or 'settle' down into R knee, or touch R next to L) (4)

5&6 L push step forward (5); recover weight onto R (&); L step back (6)

7&8 R push step back (7); recover weight into L (&); R step forward (8)

[25~32]: STEP, ½ R, KICK-BALL-STEP, FORWARD TOUCH, HEEL TWIST, COASTER STEP

1, 2 L step forward (1); make a ½ turn R, stepping onto R [6:00] (2)

3&4 L low kick forward (3); replace L near R (&); R small step forward (4)

5&6 place ball of L foot forward (5); swivel both heels toward left (&); swivel back, returning weight to R (6)

*** Twisting action: utilize slightly bent knees and pressure into the balls of your feet**

7&8 L step back (7); R step next to L (&); L step forward (8)

[33~40]: FORWARD STEP TOUCHES x2* ¼ JAZZ BOX R

1-4 R step forward (1); L touch behind R (2); L step forward (3); R touch behind L (4)

*** Alternate movement options: lead with right side, then left; try step-lock-steps; 1, 2&, 3, 4&**

Or: syncopated kick-step-rock-step (starting with a kick instead of a step) 1, &, 2, &, 3, &, 4, &

5-8 R step across (5); L step back, 1/8 right (6); R step 1/8 right [9:00] (7); L step forward (8)

[**Restart here on Phrase 3]

[41~48]: STEP FORWARD, ¼ L x2, ¾ HIP PADDLES x4*

1-4 R step forward (1); make a ¼ turn left, pushing weight to L [6:00] (2); R step forward (3); make a ¼ turn left, pushing weight to L [3:00] (4)

5-8 with weight slightly split, keeping L generally in place, using a counter-clockwise hip-roll and little steps to turn left: R small step forward/out (5); rock weight back to L (1/8+ left) (&); repeat this movement toward the left; R step (6); push back to L (&); R step (7); push back to L (&) until completing a ¾ rotation toward 6:00; R touch next to L (8)*

*** Have fun and be creative especially on these last 4 counts!**

Roll your hips; shake your booty; open up your arms and invite people to your House Party!

(BEGIN AGAIN, and most certainly DWYF!)

**** THE RESTART: Occurs after 32 counts of the 3rd phrase.
You will be facing the back wall. Simple Restart!**

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This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

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