

EZ Freestyle

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 2 级数: Beginner
编舞者: Amy Christian (USA) - November 2014
音乐: Freestyle - Lady A : (CD: 747)



Intro: 32 counts. Begin on lyrics.

FWD MAMBO, BACK MAMBO, SIDE, ROCK, CROSS, SIDE, ROCK, CROSS,

1&2 Rock fwd on R, Recover on L, Step back on R,
3&4 Rock back on L, Recover on R, Step fwd on L,
5&6 Rock R out to right side, Recover on L, Step R across L,
7&8 Rock L out to left side, Recover on R, Step L across R,

BIG STEP TO R, ¼ TURN HITCH, STEP AND DOUBLE BUMP L, HEEL & HEEL &, ¼ TURN HEEL & HEEL &,

1-2 Take a big step to right on R, dragging L, Swivel ¼ turn right on R, Hitching L, [3:00]
3&4 Step L down to left side, Bump left twice, (weight is on L),
5&6& Place R heel fwd, Replace, Place L heel fwd, Replace,
7&8& ¼ turn right, Placing R heel fwd, Replace, Place L heel fwd, Replace, [6:00]

WALK, WALK, OUT, OUT, IN, IN, WALK, WALK, OUT, OUT, IN, IN,

1-2 Step fwd on R, Step fwd on L,
&3 Step out to right side on R (not fwd), Step out to left side on L,
&4 Step in on R, Step in on L,
5-6 Step fwd on R, Step fwd on L,
&7 Step out to right side on R (not fwd), Step out to left side on L,
&8 Step in on R, Step in on L,

Begin again!!!

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