

Just A Memory (一種懷念) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Improver
编舞者: John Dean (UK) & Maggie Gallagher (UK)
音乐: Memories Are Made Of This - The Dean Brothers : (CD: Line Dance Fever 12 /
CD: Line Dance Hits Volume 1 / CD: Stuck On You)



第一段 TOE STRUT, CROSSING TOE STRUT, SIDE SHUFFLE, ROCK BACK, ROCK FORWARD 趾踵步 交叉趾踵步 側交換步 後下沉 前下沉

- 1-4 Side toe strut to right side, crossing toe strut with left over right 右足趾右前踏，右足踵踏，左足趾交叉於右足前踏，左足踵踏
- 5&6 Step side right, bring left to meet right, step side right
右足右踏，左足踏於右足旁，右足右踏
- 7-8 Rock back on left, rock forward on to right
左足後下沉，右足前下沉

第二段 TOE STRUT, CROSSING TOE STRUT, SIDE SHUFFLE, ROCK BACK, ROCK FORWARD 趾踵步 交叉趾踵步 側交換步 後下沉 前下沉

- 1-4 Side toe strut to left side, crossing toe strut with right over left 左足趾左前踏，左足踵踏，右足趾交叉於左足前踏，右足踵踏
- 5&6 Step side left, bring right to meet left, step side left
左足左踏，右足踏於左足旁，左足左踏
- 7-8 Rock back on right, rock forward on to left
右足後下沉，左足前下沉

第三段 STEP, PIVOT ½ TURN, STEP, CLAP, STEP PIVOT ½ TURN, STEP, CLAP 前踏 左後轉 前踏 拍手 前踏 右後轉 前踏 拍手

- 1-4 Step right forward, ½ pivot turn left, step forward on right, clap 右足前踏，左後轉180度，右足前踏，拍手
- 5-8 Step on left, ½ pivot turn right, step forward on left, clap
左足前踏，右後轉180度，左足前踏，拍手

第四段 3 X WALKS FORWARD, HEEL, 3 X WALKS BACK, TOUCH 前走三步 踵 後走三步 點

- 1-4 Walk right, walk left, walk right. Tap left heel forward
往前走三步(右足、左足、右足)，左足踵向前輕點
- 5-8 Walk back left, walk back right, walk back left, touch right next to left 往後走三步(左足、右足、左足)，左足在左足旁點

第五段 TOUCHES, RIGHT VINE, TOUCH 點 右華倫步 點

- 1-4 33-36 Touch right to right side, touch right forward, touch right to right side, touch right beside left
右足右側點，右足前點，右足右側點，右足在左足旁點
- 5-8 Step right to right side, step left behind right, and step right to right side, touch left next to right
右足右側踏，左足在右足後踏，右足右側踏，左足在右足旁點

第六段 LEFT VINE WITH ¼ TURN LEFT, HITCH, HIP BUMPS (OR KNEE POPS) 左華倫步並左轉 右膝蓋抬起 推臀

- 1-4 Step left to left side, step right behind left, step left to left side, ¼ turn left and hitch right
左足左側踏，右足在左足後踏，左足左側踏，左轉90度右足膝蓋抬起

5-8 Replace right in place and hip bumps, right, left, right, left (or do knee pops) 右足原地放下同時推臀(右推、左推、右推、左推)

第七段 RIGHT VINE, TOUCH, LEFT VINE, ¼ TURN LEFT HITCH RIGHT
右華倫步 點 左華倫步並左轉 右膝蓋抬起

1-4 Step right to right side, step left behind right, and step right to right side, touch left next to right 右足右側踏，左足在右足後踏，右足右側踏，左足在右足旁點

5-8 Step left to left side, step right behind left, step left to left side, ¼ turn left and hitch right 左足左側踏，右足在左足後踏，左足左側踏，左轉90度右足膝蓋抬起

第八段 HIP BUMPS, JUMP FORWARD, JUMP BACK WITH CLAPS
推臀 前跳 拍手 後跳 拍手

1-4 Replace right in place and hip bumps, right, left, right, left 右足原地放下同時推臀(右推、左推、右推、左推)

5-8 Jump forward, right, left, clap, jump back right, left, clap 前跳(右足，左足)，拍手，後跳(右足，左足)，拍手
