

# Never Miss A Beat

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Katie Terrett (WLS) - November 2014  
音乐: Shake It Off - Taylor Swift



Intro: 16 Counts.

## SECTION 1: Toe Touches, Out, In, Heel, Hook. Vine R.

1-2      Touch R Toe out (to R side) Touch R in (next to L)  
3-4      Dig R heel forward. Hook R across L.  
5-6      Side R, behind L  
7-8      Side R, touch L next to R.

## SECTION 2: Toe Touches, Out, In, Heel, Hook. Vine L, Turn 1/4. Scuff.

1-2      Touch L Toe out (to L side) Touch L in (next to R)  
3-4      Dig L heel forward. Hook L across R.  
5-6      Side L, behind R  
7-8      Turn 1/4 L, Scuff R. (9.00)

## SECTION 3: Stomp, Shimmy, Turn 1/2. Stomp, Shimmy, Turn 1/4.

1-2      Stomp R forward, Shimmy shoulders (shake it off)  
3-4      Turn 1/2 L. Hold. (3.00)  
5-6      Stomp R forward, Shimmy shoulders (shake it off)  
7-8      Turn 1/4 L. Hold. (12.00)

## SECTION 4: Jazz Box. Turn 1/4. Forward Shuffle. Turn 1/4 Chasse L.

1-2      Cross R, Turn 1/4 R, Stepping back L.  
3-4      Side R, forward L. (3.00)  
5&6      R Shuffle forward (R,L,R)  
7&8      Turning 1/4 L. Side L, close R, side L. (6.00)

## SECTION 5: Back Rock. Side hold & Side hold. Kick, Kick.

1-2      Back Rock R, recover L \*  
3-4&      Side R, hold bumping hip R (&) together L  
5-6      Side R, hold bumping hip R.  
7-8      Kick L, Kick L (across R)

## SECTION 6: Side, Together, Swivel Heels, Toes, Heels.

1-2      Side L, together R next to L. (6.00)  
3-4      Swivel heels to R, toes to R  
5-6      Swivel heels to R. Clap. Swivel heels to L.  
7-8      Swivel toes to L, heels to L.

## SECTION 7: Kick, Cross, Back Rock x2.

1-2      Kick R forward, Cross R over L.  
3-4      Back rock L, recover R.  
5-6      Kick L forward, Cross L over R.  
7-8      Back rock R, recover L.

## SECTION 8: Turn 1/4 Cross Toe Strut, Side Toe Strut. Knee Pops with Hip bumps. (Shake/Flick Hands Out x2)

1-2      Turning 1/4 R, Cross R toe strut. Drop R heel. (9.00)  
3-4      Side L toe strut. Drop L heel.

5-6 Pop R knee in towards L. Bumping L hip to side. Hold.  
7-8 Pop L knee in towards R. Bumping R hip to side. Pop R knee in towards L. Bumping L hip to side. (Shake/flick hands out twice)

**TAG: During Wall 7. After Count 34 \***

1-2 (Back rock R) Facing 12.00  
3-4 Forward Rock R, recover L.  
5-6 Stomp R to R side. Stomp L to L side.  
7-8 Hip Bump R. Touch R next to L.

**ENDING: Cross R unwind 1/2 Turn L to face the front.**

**Contact - Email: [kcterrett@talktalk.net](mailto:kcterrett@talktalk.net)**

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