拍数： 32
埥数： 4
级数：Novice
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音乐：Runnin＇Outta Moonlight－Randy Houser

## Rock n＇cross，Rock n＇forward，Forward rock，coaster step

1\＆2 Rock right foot out to the right，Recover on left，Cross right foot over the left
$3 \& 4 \quad$ Rock left foot out to the left，Recover on right，Step left foot forward
5\＆6 Rock right foot forward，recover on left，step right foot back
7\＆8
Step left foot back，step right foot next to left，step left foot forward
Full turn，Forward lock step，Syncopated box touches
$1,2 \quad$ Step right foot forward making a $1 / 2$ turn to your left，step left foot back making $1 / 2$ turn to the left（ end up making full turn landing on your left）
$3 \& 4$ Step right foot forward，lock left foot behind your right，step forward on your right
$5 \& 6 \& 7 \& 8 \& \quad$ Step left foot diagonally to your left，Touch right foot next to left，Step right foot to the right， Touch left foot next to right，Step left foot diagonally back to the left，Touch right foot next to left，Step right foot to the right，Touch left foot next to right

Syncopated vine，Hip sways，Body roll
1 Step left foot to the left
$2 \& 3,4$ Cross right foot behind left，Step left foot out to the left，Cross right foot in front of left，Step left foot to the left
$5,6 \quad$ Sway hips to the right，Sway hips to the left
$7,8 \quad$ Body roll starting from the top turning diagonally，weight landing back on your left foot
Coaster step，Full turn，Back lock step，Slide
1\＆2 Step back on right foot，Step left foot next to right，Step forward on the right
3，4 Step left foot forward making a half turn to your right，Turn half turn to the right and press right foot forward（squaring up to 12 o＇clock）（Weight stays on left foot）
5\＆6 Step back on right foot，cross left foot over right，step back on right foot
$7,8 \quad$ Step big step back on left foot making a $1 / 4$ turn to the left，Touch right foot next to left
REPEAT AND ENJOY！！！！

## Restarts：

1st Restart：On the beginning of wall 2：Do the first 15 counts（the 3rd corner of syncopated box）．
Then touch right foot next to left and hold for count 16．Then restart the dance．
2nd Restart：Beginning of wall 4（back wall）：Do the first 8 counts and then start again
Any questions，contact us：
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