# Criss Cross Applesauce



拍数: 48 墙数: 4 级数: Improver

编舞者: Tom Cunningham - 1994

音乐: Fresh Coat of Paint - Lee Roy Parnell



# Alt.: A Little Less Talk A Lot More Action by Toby Keith

## RIGHT TOE HEEL CROSS VINE

1-2	Touch Right toe over and across left foot - Bring Right heel down with weight onto right	foot

3-4 Touch Left toe out to left side - Bring Left heel down with weight onto left foot

5-6 Touch Right toe over and across left foot - Bring Right heel down with weight onto right foot

7-8 Touch Left toe out to left side - Bring Left heel down with weight onto left foot

## **VINE RIGHT - TOUCH LEFT TOE FORWARD**

1-4 Right step to right side - Left step behind right foot - Right step to right side - Touch Left toe

forward

## **HEEL SWITCHES**

&5	Step back onto Left foot as you Touch Right toe forward
&6	Step back onto Right foot as you Touch Left toe forward
&7	Step back onto Left foot as you Touch Right toe forward
&8	Step back onto Right foot as you Touch Left toe forward

## LEFT TOE HEEL CROSS VINE

1-2	Touch Left toe over and across right foot - Bring Left heel down with weight onto left foot
3-4	Touch Right toe out to right side - Bring Right heel down with weight onto right foot
5-6	Touch Left toe over and across right foot - Bring Left heel down with weight onto left foot
7-8	Touch Right toe out to right side - Bring Right heel down with weight onto right foot

## **VINE LEFT - TOUCH RGHT TOE FORWARD**

1-4 Left step to left side - Right step behind left foot - Left step to left side - Touch Right toe forward

## **HEEL SWITCHES**

&5	Step back onto Right foot as you Touch Left toe forward
&6	Step back onto Left foot as you Touch Right toe forward
&7	Step back onto Right foot as you Touch Left toe forward
&8	Step back onto Left foot as you Touch Right toe forward

## STEP/PIVOT 1/2 - STEP/PIVOT 1/4 - FORWARD - ROCK- BACK - ROCK

1-2	Right step Forward - Keep feet in place as you Pivot 1/2 to the Left (place weight onto left foot)
3-4	Right step Forward - Keep feet in place as you Pivot 1/4 to the left (place weight onto left foot)
5-6	Right step Forward - Keep feet in place as you Rock your weight back onto Left foot
7-8	Right step Back - Keep feet in place as you Rock your weight forward onto Left foot

## **HIP WALKS**

1&2	Right step forward as you Bounce your Hips Right-Left-Right
3&4	Left step forward as you Bounce your Hips Left-Right-Left
5&6	Right step forward as you Bounce your Hips Right-Left-Right
7&8	Left step forward as you Bounce your Hips Left-Right-Left

#### **BEGIN AGAIN**