

Just Walk Away (一走了之) (zh)

COPPER KNOB
STEPSHETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Walking Away - Sibel



前奏 : 8 Count intro Start on Vocals

第一段 **2 x Walks Forward. Out-Out. Step Forward. Step. Pivot 1/4 Turn Right. Left Cross Shuffle.** 二次前走步, 大大, 前走, 踏 轉1/4, 交叉交換

1 – 2 Walk forward on Right. Walk forward on Left.
右足前走, 左足前走

&3 – 4 Jump Right out to Right side. Jump Left out to Left side. Step forward on Right. 右足右前跳, 左足左前跳, 右足前踏

5 – 6 Step forward on Left. Pivot 1/4 turn Right.
左足前踏, 右軸轉90度

7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 3 o'clock)
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向3點鐘)

第二段 **Side Rock. Recover 1/4 Turn Left. Cross. Side. Back Rock. Right Hitch-Ball-Cross.**
側下沉, 回復左1/4, 交叉, 側, 後下沉, 右 抬-併-交叉

1 – 2 Rock Right out to Right side. Recover on Left making 1/4 turn Left.
右足右下沉, 左足回復左轉90度

3 – 4 Cross step Right over Left. Step Left to Left side. (Facing 12 o'clock) 右足於左足前交叉踏, 左足左踏(面向12點鐘)

5 – 6 Rock back on Right. Rock forward on Left.
右足後下沉, 左足前回復

7&8 Hitch up Right knee. Step ball of Right back to place. Cross step Left over Right. 右膝抬, 右足踏, 左足於右足前交叉踏

第三段 **Side Step Right. Together. Right Cross Shuffle. Side Step Left. Touch. & Cross. 1/4 Turn Left.**
右踏, 併, 交叉交換, 左踏, 點 併 交叉, 左1/4

1 – 2 Long step Right to Right side. Slide/Drag Left beside Right. (Weight on Left) 右足右一大步, 左足拖併踏(重心在左足)

3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

5 – 6 Step Left to Left side. Touch Right toe beside Left.
左足左踏, 右足趾併點

&7 Step ball of Right to Right side and Slightly back. Cross step Left over Right. 右足略右後踏, 左足於右足前交叉踏

8 Make 1/4 turn Left stepping back on Right. (Facing 9 o'clock)
左轉90度右足後踏(面向9點鐘)

第四段 **Back Rock. Left Shuffle 1/2 Turn Right. 1/4 Turn Right. Touch. 1/4 Turn Left. Scuff.** 後下沉, 右轉交換, 右1/4, 點, 左1/4, 擦踢

1 – 2 Rock back on Left. Rock forward on Right.
左足後下沉, 右足前回復

3&4 Left shuffle making 1/2 turn Right stepping Left. Right. Left. (Facing 3 o'clock) 右180度轉交換-左, 右, 左(面向3點鐘)

- 5 – 6 Make 1/4 turn Right stepping Right to Right side. Touch Left toe beside Right. 右轉90度右足右踏, 左足趾併點
- 7 – 8 Make 1/4 turn Left stepping forward on Left. Scuff Right forward. (Facing 3 o'clock) 左轉90度左足前踏, 右足前擦踢

第五段 Right Jazz Box Cross. Chasse Right. Cross. Unwind 1/2 Turn Left. 爵士方塊交叉, 右追步, 交叉, 左繞轉

- 1 – 4 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏
- 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side. 右足右踏, 左足併踏, 右足右踏
- 7 – 8 Cross Left behind Right. Unwind 1/2 turn Left. (Weight on Left) (Facing 9 o'clock) 左足於右足後交叉踏, 左繞轉180度(重心在左足)(面向9點鐘)

第六段 Right Jazz Box Cross. Side Step Right. Together. Right Shuffle Forward. 爵士方塊交叉, 右大步併, 前交換

- 1 – 4 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏
- 5 – 6 Long step Right to Right side. Slide/Drag Left beside Right. (Weight on Left) 右足右一大步, 左足拖併踏(重心在左足)
- 7&8 Right shuffle forward stepping Right. Left. Right. 前交換-右, 左, 右

第七段 Forward Rock. Triple Full Turn Left. Forward Rock. Out-Out. Step Back. 下沉 回復, 左三步轉圈, 下沉 回復, 外 外, 後踏

- 1 – 2 Rock forward on Left. Rock back on Right. 左足前下沉, 右足後回復
- 3&4 Triple step Full turn Left (on the spot) stepping Left. Right. Left. 小三步原地左轉圈-左, 右, 左
- 5 – 6 Rock forward on Right. Rock back on Left. 右足前下沉, 左足後回復
- &7 – 8 Jump back stepping Right out to Right side. Step Left out to Left side. Step back on Right. 右足右後跳, 左足左踏, 右足後踏

第八段 Step Back. Sweep. Behind & Step Forward. Forward Rock. Left Shuffle 1/2 Turn Left. 後踏, 繞, 後 旁 前, 下沉回復, 轉交換

- 1 – 2 Step back on Left. Sweep Right out and around from front to back. 左足後踏, 右足由前繞至後
- 3&4 Cross Right behind Left. Step Left to Left side. Step forward on Right. 右足於左足後交叉踏, 左足左踏, 右足前踏
- 5 – 6 Rock forward on Left. Rock back on Right. 左足前下沉, 右足後回復
- 7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock) 左180度轉交換-左, 右, 左(面向3點鐘)
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