

# High Life

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Séverine Fillion (FR) - November 2014  
音乐: High Life - Brad Paisley : (Album: Moonshine In The Trunk, 2014)



## [1-8] SHUFFLE FWD, MAMBO STEP FWD, COASTER STEP, STEP 1/4 TURN CROSS

1&2      Triple step right, left, right fwd  
3&4      Rock step left fwd, recover on right, left step back  
5&6      Right step back, left next to right, right step fwd  
7&8      Left step fwd, turn ¼ right (weight on right), left cross over right 3 :00

## [9-16] WEAVE TO RIGHT, SIDE MAMBO, RIGHT TOE HEEL SWIVEL

1&2&      Right to right, left cross behind right, right to right, left cross over right  
3&4      Rock step right to right, recover on left, right next to left  
5&6      Swivel : Right toe to the right, right heel to the right, right toe to the right  
7&8      Recover in swivel : Right toe to the left, right heel to the left, right toe to the left (Keep weight on left)

\* Restart here on 3rd wall

## [17-24] HEEL TOUCH FWD, TOE TOUCH BACK, SHUFFLE FWD (RIGHT & LEFT)

1-2      Touch right heel fwd, touch right toe back  
3&4      Triple step right, left, right fwd  
5-6      Touch left heel fwd , touch left toe back  
7&8      Triple step left, right, left fwd

## [25-32] ROCKING CHAIR, STEP 1/2 TURN STEP, SIDE, TOE BACK, SIDE, KICK, COASTER STEP

1&2&      Rock step right fwd, recover on left, rock step right back, recover on left  
3&4      Right step fwd, turn ½ left (weight on left), right step fwd 9 :00  
5&      Left step to the left, touch right toe behind left  
6&      Right step to the right, left Kick diagonally left  
7&8      Left step back, right next to left, left step fwd

Start again and enjoy !

RESTART : After 16 counts on 3rd wall (at 9 :00) Restart the dance at the beginning

TAG : At the end of wall 6 (at 12 :00), add 2 counts (music will help you!) :  
walk right fwd, walk left fwd, then Restart the dance at the beginning

FINAL : On wall 10 (you'll be at 6 :00) : To finish facing front, after the count 22  
(touch left toe back), turn ½ left !