

Just The Two Of Us (我倆在一起) (zh)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ruben Luna (USA) - 2009年01月
音乐: Just the Two of Us (feat. Bill Withers) - Grover Washington, Jr.



前奏 : Dance begins after 32 counts on vocals

第一段 **Walk Right, Left, Side Rock Recover Right, ¼ Turn Left, ¼ Turn Left Rock Recover Cross, Rock Recover Cross**

走走, 基本步 1/4, 1/4曼波交叉, 曼波交叉

1-2 Step forward with right, step forward with left
右足前踏, 左足前踏

3-4&5 Step right to right side, rock left behind right, recover forward onto right, step left ¼ turn left (9:00)
右足右踏, 左足於右足後交叉下沉, 右足回復, 左轉90度左足踏(面向9點鐘)

6&7 Step forward right ¼ turn left (6:00) recover onto left, cross right over left
右足前踏左轉90度(面向6點鐘), 左足回復, 右足於左足前交叉踏

8&1 Step left to left side, recover onto right, cross left over right
左足左下沉, 右足回復, 左足於右足前交叉踏

第二段 **Sway, Sway ¾ Turn Right, Step Left, Right, Syncopated Vine Right**

擺臀, 擺臀, 1/2, 併, 1/4, 踏, 右, 後旁前

2-3 Step right to right side and sway right, sway left
右足右踏右擺臀, 左擺臀

4&5 ½ turn step right, (12:00) step left next to right, step right ¼ turn right, (3:00)
右轉180度(面向12點鐘)右足踏, 左足併踏, 右轉90度右足踏(面向3點鐘)

6-7 Step forward left, step right to right side
左足前踏, 右足右踏

8&1 Step left behind right, Step right to right, cross left over right,
左足於右足後踏, 右足右踏, 左足於右足前交叉踏

On 6th wall AFTER count one look left or hold for one count then restart

TAG: 17 counts into the 6th wall (left foot will be crossed over the right) turn head to left for 1 count or just hold for one count then restart

第六面牆跳至此(左足於右足前交叉踏), 頭轉向左有一停拍後, 接續第1拍從頭起跳

第三段 **Toe Press, Full Turn Right, Half Turn Left, Rock Recover Cross**

趾壓 回復, 右三步轉圈交叉, 左三步轉交叉, 右曼波交叉

2-3 Press right toe to right side (heel up) , recover onto left
右足趾右壓(右踵抬), 左足回復

4&5 ½ turn right (9:00) step onto right, ¼ turn right (12:00) step forward onto left, ¼ turn right cross right over left, (3:00)
右轉180度(面向9點鐘)右足踏, 右轉90度左足前踏(面向12點鐘), 右轉90度右足於左足前交叉踏(面向3點鐘)

6&7 ¼ turn left (12:00) step left forward, step right next to left, ¼ turn left (9:00) step left over right
左轉90度(面向12點鐘)左足前踏, 右足併踏, 左轉90度(面向9點鐘)左足於右足前交叉踏

8&1 Step right to right side, recover onto left, cross right over left
右足右下沉, 左足回復, 右足於左足交叉踏

第四段 **Point Left, ¼ Turn Left Low Kick, Coaster , ¼ Turn Left Sweep Right, Rock Recover, Coaster**

左點, 1/4踢, 海岸步, 1/4繞, 下沉 回復, 海岸步

2-3 Point left to left side, ¼ Turn left (6:00) low kick left
左足左點, 左轉90度(面向6點鐘)左足略踢

4&5 Step left foot back, step right next to left, step left forward sweep right foot ¼ turn left (3:00)
左足後踏, 右足併踏, 左足前踏右足繞左轉90度(面向3點鐘)

- 6-7 Step onto right foot, step back onto left
右足踏, 左足後踏
- 8& Step right next to left, step left forward
右足併踏, 左足前踏
-