

# What Hurts The Most

拍数: 32                      墙数: 2                      级数: Intermediate  
编舞者: Ayu Permana (INA) - October 2014  
音乐: What Hurts the Most - Rascal Flatts



Start after 16 counts music intro ( 32 – 32 – TAG(8) – 32 – 32 – TAG(6) – 16 – 32 – 24 .. )

## SECTION 1.: CROSS – WEAVE – SIDE – RECOVER – CROSS – (2X) ¼ TURN – CROSS – RECOVER – CROSS (06.00)

1                      Cross R over L  
2 & 3                  Sweep L from back to front, cross L over R – Step R to right side – Step L behind R  
4 & 5                  Step R to right side – Recover on L – Cross R over L  
6 – 7                  Turn ¼ right, step back on L (03.00) – Turn ¼ right, step R to right side (06.00)  
8 & 1                  Cross L over R – Recover on R – Slide L to left side

## SECTION 2. FORWARD LOCKSTEP – FORWARD – ¼ TURN – CROSS – ¼ TURN – ½ TURN – ½ PIVOT TURN – FORWARD (06.00)

2 & 3                  Step R forward – Lock L behind R – Step R forward  
4 & 5                  Step L forward – Turn ¼ right on R (09.00) – Cross L over R (slightly bend both knees)  
6 – 7                  Turn ¼ left, step back on R (06.00) – Turn ½ left, step L forward (straighten knees) (12.00)  
8 & 1                  Step R forward – Turn ½ right on L (06.00) – Step R forward

**\*\*RESTART: on wall 5**

## SECTION 3. (2X) FORWARD LOCKSTEPS – FORWARD – RECOVER – ¼ TURN – CROSS SHUFFLE (03.00)

2 & 3                  Step L forward – Lock R behind L – Step L forward  
4 & 5                  Step R forward – Lock L behind R – Step R forward  
6 & 7                  Step L forward – Recover on L – Turn ¼ left, step L to left side (03.00)  
8 & 1                  Cross R over L – Step L to left side – Cross R over L

## SECTION 4. SCISSORS – (DIAGONAL) FWD COASTER STEP – 3/8 TURN – TOGETHER (06.00)

2 & 3                  Slide L to left side – Step R next to L – Cross L over R  
4 & 5                  Slide R to right side – Step L next to R – Cross R over L  
6 & 7                  Step L forward diagonally left (01.30) – Step R next to L – Step L backward  
8 &                      Sweep/ronde R making 3/8 turn right to face (06.00), step R slightly backward – Step L next to R

## REPEAT

### TAGS & RESTART:

**\*1st TAG(8): at the end of wall 2**

1 – 2 & 3 &              Cross R over L – Sweep and cross L over R – Step R next to L – Cross L behind R – Step R next to L  
4 & 5 – 6                  Cross L over R – Step R next to L – Step L slightly backward – Touch R toe to right side  
7 – 8 &                      Touch R toe next to next to L – Cross R over L – Recover on L

**\*\*2nd TAG(6): at the end of wall 4**

1 – 2 & 3 &              Cross R over L – Sweep and cross L over R – Step R next to L – Cross L behind R – Step R next to L  
4 & 5 – 6                  Cross L over R – Step R next to L – Step L slightly backward – Touch R toe to right side

**RESTART: On wall 5, do the dance for 16 counts only then start the next wall from the beginning**

**ENJOY AND HAPPY DANCING ....**

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