

Burnin' Up

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: Jessica Carlson (USA) - October 2014
音乐: Burnin' Up by Jessie J & 2 Chainz



Part A: 32 Counts Part B: 16 Counts Tag: 4 Counts □□

Start after she says "I'm Burnin' Up" after Bridge approx. 48 counts after beat starts
Sequence: A, A, A (16 counts), B, B, Tag, A, A, A, B, B, Tag, A, A, A, A

Part A: 32 Counts

Side Step with Hip Push, Shuffle with Hip Push

1,2 Step RF to R (push hip R) (1), Step LF to L (push hip L) (2)
3&4 Step RF to R (push hip R) (3), Step LF to R near RF (&), Step RF to R (push hip R) (4)
5,6 Step LF to L (push hip L) (5), Step RF to R (push hip R) (6)
7&8 Step LF to L (push hip L) (7), Step RF to L near LF (&), Step LF to L (push hip L) (8)

½ Jazz Box, ¼ turn Right with shuffle, shorty George

1,2 Cross RF over LF (1), Step LF Back and slightly to L (2)
3&4 Make ¼ turn over right shoulder, Step RF to R (3), Step LF next to RF (&), Step RF to R (4)
 (3:00)
5,6 Taking small steps and keep knees together, Step LF Forward (5), Step RF Forward (6)
7&8 Taking small steps and keep knees together, Step LF Forward (7), Step RF Forward (&),
 Step LF Forward (8)

Rocking Chair, Locking Shuffle Forward (x2)

1&2& Step RF Forward (slightly lift LF) (1), Recover weight on LF (&), Step RF Back (slightly lift LF)
 (2), Recover weight on LF (2)
3&4 Step RF Forward (3), Step LF behind RF (&), Step RF Forward (4)
5&6& Step LF Forward (slightly lift RF) (5), Recover weight on RF (&), Step LF Back (slightly lift
 RF) (6), Recover weight on RF (2)
7&8 Step LF Forward (7), Step RF behind LF (&), Step LF Forward (8)

Syncopated Heel Grind (x2), Step Forward Hitch, Pony

1,2& Put R Heel Forward with toes pointing L (lift LF slightly)(1), Twist RF from L to R (put weight
 back on LF)(2), Step RF next to LF (&)
3,4& Put L Heel Forward with toes pointing R (lift LF slightly) (3), Twist LF from R to L (put weight
 back on RF) (4), Step LF next to RF (&)
5,6 RF Large Step Forward (5), Slide LF behind RF while lifting R leg approx 90 degrees, turn
 torso slightly to L (2:00) (6)
&7&8 Keeping torso facing (2:00) Step RF slightly forward (&), Lift RF (7), Step RF slightly forward
 (&), Lift RF (8) (square up to 3:00 while taking next step)

Part B: 16 Counts

Walk Forward, Rock Recover, Sweeps Back, Rock Recover

1,2,3,4, Walk Forward R (1), L (2), Step RF Forward, slightly lifting LF (3), Recover weight on LF (4)
5,6,7,8 Sweep RF back (5), Sweep LF back (6), Step RF back, slightly lifting LF (7), Recover weight
 on LF (8)

Weave, Cross, ½ Turn, Stomp, Stomp

1,2,3,4 Cross RF over LF (1), Step LF to L (2), Cross RF behind LF (3), Step LF to L (4)
5,6,7,8 Cross RF over LF (5), Unwind (1/2 turn with weight ending on LF) (6), Stomp RF to R (7),
 Stomp LF to L (8) (6:00)

Tag: Hold 4 counts

Dance ends at 6:00, create ending by making a ½ turn over your right shoulder and stepping down on RF (12:00)

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