

Do Your Bit

拍数: 64 墙数: 2 级数: Improver
编舞者: Steve Rutter (UK) & Claire Rutter (UK) - October 2014
音乐: Bit By Bit - John Landry



Section 1 – Toe Touches, Hold, Weave, Hold.

- 1-2 Touch right toe to right side, touch right toe beside left
- 3-4 Touch right toe to right side, Hold.
- 5-6 Cross right behind left, step left to left side.
- 7-8 Cross right over left, Hold. (12 o'clock)

Section 2 – Reverse Rumba Box.

- 1-2 Step left to left side, close right beside left.
- 3-4 Step back on left, Hold.
- 5-6 Step right to right side, close left beside right.
- 7-8 Step forward on right, Hold. (12 o'clock)

Section 3 – Toe Touches, Hold, Weave, Hold.

- 1-2 Touch left toe to left side, touch left toe beside right.
- 3-4 Touch left toe to left side, Hold.
- 5-6 Cross left behind right, step right to right side.
- 7-8 Cross left over right, Hold.(12 o'clock)

Section 4 – Reverse Rumba Box.

- 1-2 Step right to right side, close left beside right.
- 3-4 Step back on right, Hold.
- 5-6 Step left to left side, close right beside left.
- 7-8 Step forward on left, Hold. (12 o'clock)

Section 5 – Right Lock Step Forward, Hold, Step Forward, Pivot ½ Turn Right, Step Forward, Hold.

- 1-2 Step forward on right, lock left behind right.
- 3-4 Step forward on right, Hold.
- 5-6 Step forward on left, pivot a half turn right.
- 7-8 Step forward on left, Hold. (6 o'clock)

Section 6 – Right Sugar Foot Step, Hold, Left Sugar Foot Step, Hold.

- 1-2 Touch right toe to left instep, touch right heel to left instep.
- 3-4 Stomp right forward in front of left, Hold.
- 5-6 Touch left toe to right instep, touch left heel to right instep.
- 7-8 Stomp left forward in front of right, Hold.(6 o'clock)

Section 7 – (Side Rock, Cross Behind) x2, Side Step, Step Forward.

- 1-2 Rock right to right side, recover weight onto left.
- 3 Cross right behind left.
- 4-5 Rock left to left side, recover weight onto right.
- 6 Cross left behind right.
- 7-8 Step right to right side, step left forward.(6 o'clock)

Section 8 – (Step Forward, Hold & Click, Pivot ½ Turn Left, Hold) x2.

- 1-2 Step forward on right, Hold & Snap Fingers of both hands forward at chest height.
- 3-4 Pivot a half turn left, Hold & Snap Fingers of both hands forward at chest height.
- 5-6 Step forward on right, Hold & Snap Fingers of both hands forward at chest height.

7-8 Pivot a half turn left, Hold & Snap Fingers of both hands forward at chest height. (6 o'clock)

Tag (4 Counts) – Danced At The End Of Wall ? Facing 6 O'Clock.

1-2 Rock forward on right, recover weight onto left.

3-4 Rock back on right, recover weight onto left.

Enjoy!

Contact :- www.steveandclaire.wix.com/nulinedance - E-Mail: steveandclaire@nulinedance.com
