

Amami Cosi

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ng Jane (SG) - November 2014
音乐: Amami Cosi by a e testo (Masucci-Marchesan) Edizione Casanova Cantante
Renzo Bioni



Intro: 32 counts

Sec 1: R Cross Rock Side Rock Cross Rock Side, L Cross Side L Sailor

1&2&3&4 R cross rock over L recover L, R Side rock recover L, R cross rock recover L, side step R
5 6 7&8 L cross over R, side step R, L behind, side R, side L (L Sailor)

Sec 2: R Syncopated Cross Shuffle, L Side Rock ,Touch L behind Unwind ½ Turn L

1&2&3&4 Cross R over L,L ball behind (x3) R cross (with hips)
5 6 7 8 L side rock , recover R, touch L toe behind unwind ½ turn L, (weight L)

Sec 3: Hip Bumps x 4

1&2 3&4 R hip bump, L hip bump, turn ½ turn R
5&6 7&8 repeat 2 hip bumps.

Sec 4: R & L Samba, R front Mambo, L Sailor ½ Turn L

1a2 3a4 R cross, L ball rock, push L hip, recover R, (R samba), L cross R ball rock, push R hip,
recover L (L samba)
5&6 7&8 Rock R forward recover L, close R, sweep L ½ turn L, L sailor

Sec 5: R & L Diagonal Lock Step Hitch, Syncopated Jazz Box Point

1&2& Diagonal L, R step lock step hitch
3&4& Diagonal R, L step lock step hitch
5&6&7&8 R cross over L, L back, side step R, L cross ,point R out

Sec 6: R Back Rock, R Front Mambo, L Side Rock On Spot Cha Cha

123&4 R back rock recover L, R front Mambo
567&8 L side rock recover R, on spot L cha cha (with hip sway)

Sec 7: R Side Rock On Spot Cha Cha, L Forward Rock, ¾ Turn L, L Cha Cha

123&4 R side rock recover L, on spot R cha cha (with hip)
567&8 L forward Rock recover R, ¾ turn L, L cha cha

Sec 8: R pivot ¼ Turn L, R Cross Cha Cha, Sway L R, Chasse L

123&4 Step R forward pivot ¼ turn L, R cross cha cha,
567&8 Sway L, sway R, L side together side.(chasse L)

Wall 3: Restart after 32 counts.

Ending: Wall 6, dance until Sec 5 (1&2&3&4) open arms pose.

Contact: janeng182@yahoo.com