The Addams Family



拍数: 160 墙数: 0 级数: Phrased Dance

编舞者: Brenda Holcomb (USA) - October 2014 音乐: The Addams Family Main Theme (1:25)



Start dancing when music starts.

Section A: Moving to the Right

STEP TOGETHER TO SIDE AND SNAP FINGERS 2X, REPEAT

Step to the right side while shimming shoulders step L together SNAP 2x
 Step to the right side while shimming shoulders step L together. SNAP 2x

STEP TOGETHER SHIMMY 3X, SNAP FINGERS 2X

Step R to the side (Shimmy Shoulders) and step L together.
Step R to the side (Shimmy Shoulders) and step L together.
Step R to the side (Shimmy Shoulders) and step L together.
SNAP Fingers 2X &&ART B

Section B: Moving to the Left

STEP TOGETHER TO SIDE AND SNAP FINGERS 2X, REPEAT

Step to the Left side while shimming shoulders step R together SNAP 2x
 Step to the Left side while shimming shoulders stepR together. SNAP 2x

STEP TOGETHER SHIMMY 3X, SNAP FINGERS 2X

Step L to the side (Shimmy Shoulders) and step R together.
Step L to the side(Shimmy Shoulders) and step R together.
Step L to the side (Shimmy Shoulders) and step R together.

7-8 SNAP Fingers 2X

GRAPEVINE R, GRAPEVINE L ♬ (Their creepy and their kooky)

1-2 Step right side, cross left behind
3-4 Step right side, touch left together
5-6 Step left side, cross right behind
7-8 Step left side, touch right together

HEEL TOUCHES, TURN ½ LEFT ♬ (Their all together rooky)

1-2 Touch Right heel forward, step that foot next to the other foot3-4 Touch the Left heel forward, step that foot next to the other foot

5-6 Step R foot forward, pivot ½ turn L

7-8 Stomp R, Stomp L

GRAPEVINE R, GRAPEVINE L 5 (Their house is a Museum)

Step right side, cross left behind
Step right side, touch left together
Step left side, cross right behind
Step left side, touch right together

Touch right heel forward, step that together
Touch left heel forward, step that together
Rock forward right foot, recover L
Rock Back on right foot, recover L

JUMP FORWARD R,L (FEET APART) SNAP FINGERS 2X,

1-4	Jump forward out, out shimmy shoulders and SNAP 2X (♬ Neat)	
5-8	Jump forward out, out shimmy shoulders and SNAP 2X (\$\beta\$ Sweet)	
JUMP FORWARD 3X R,L SNAP FINGERS 2X		
1-2	Jump forward out, out and shimmy shoulders	
3-4	Jump forward out, out and shimmy shoulders	
5-6	Jump forward out, out and shimmy shoulders	
7-8	SNAP 2x (Petite)	
GRAPEVINE R, GRAPEVINE L ♬ (So get a Withes Shawl on)		
1-2	Step right side, cross left behind	
3-4	Step right side, touch left together	
5-6	Step left side, cross right behind	
7-8	Step left side, touch right together	
LIFEL TOLIQUEO DOCIZINO CHAID & MARIN COMPANIA		
1-2	ES, ROCKING CHAIR \$\mathcal{I}\$ (We're Gonna pay a Call on) Touch right heel forward, step that together	
3-4	Touch left heel forward, step that together	
5- 4 5-6	Rock forward right foot, recover Left	
7-8	Rock Back on right foot, recover Left	
. 0	Treat Back on Figure 1994, 1995 For	
STEP RIGHT FOOT FORWARD, PIVOT ½ TURN LEFT , STOMP R, STOMP L		
1-2	Step R foot forward, pivot ½ turn L	
3-4	Stomp R, Stomp L	
GRAPEVINE R, GRAPEVINE L		
1-2	Step right side, cross left behind	
3-4	Step right side, touch left together	
5-6	Step left side, cross right behind	
7-8	Step left side, touch right together	
GRAPEVINE R	R, GRAPEVINE L Step right side, cross left behind	
3-4	Step right side, cross left berind Step right side, touch left together	
5-6	Step left side, cross right behind	
7-8	Step left side, closs right bermid Step left side, touch right together	
7 0	otop fort side, toderr right together	
Section A: Moving to the Right STEP TOGETHER TO SIDE AND SNAP FINGERS 2X, REPEAT		
1-4	Step to the right side while shimming shoulders step L together SNAP 2x	
5-8	Step to the right side while shimming shoulders step L together. SNAP 2x	
STEP TOGETHER SHIMMY 3X, SNAP FINGERS 2X		
1-2	Step R to the side (Shimmy Shoulders)and step L together.	
3-4	Step R to the side (Shimmy Shoulders) and step L together.	
5-6	Step R to the side (Shimmy Shoulders) and step L together.	
7-8	SNAP FINGERS 2X	
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STEP TOGETHER SHIMMY 3X, SNAP FINGERS 2X

STEP TOGETHER TO SIDE AND SNAP FINGERS 2X, REPEAT

Section B: Moving to the Left

1-4 5- 8

1-2 Step L to the side (Shimmy Shoulders) and step R together.

Step to the Left side while shimming shoulders step R together SNAP 2x

Step to the Left side while shimming shoulders step R together SNAP 2x

3-4 Step L to the side(Shimmy Shoulders) and step R together.

- 5-6 Step L to the side (Shimmy Shoulders) and step R together.
- 7-8 SNAP 2X

(MOVING RIGHT) STEP RIGHT FOOT TO RIGHT SIDE, BRING LEFT FOOT TOGETHER 5X (FOR STYLE GO DOWN AND UP AS YOU ARE DOING THIS. COME UP ON THE TOGETHER.

1-2	Step Right Foot To The Right And Bring Left Together.
3-4	Step Right Foot To The Right And Bring Left Together.
5-6	Step Right Foot To The Right And Bring Left Together.
7-8	Step Right Foot To The Right And Bring Left Together.
9-10	Step Right Foot To The Right And Bring Left Together.

(MOVING LEFT) STEP LEFT FOOT TO LEFT SIDE AND BRING RIGHT TOGETHER, SNAP FINGERS 2X (DO 2 SETS)

1-2 STEP LEFT FOOT TO THE LEFT SIDE AND BRING RIGHT FOOT TOGETHER.

SNAP FINGERS 2X

3-4 STEP LEFT FOOT TO THE LEFT AND BRING RIGHT FOOT TOGETHER.

SNAP FINGERS 2X

END OF DANCE AND SONG.

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