

Gonna Get Over You

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Juilin Chen (TW) & Irene Deng (TW) - October 2014
音乐: Gonna Get Over You - Sara Bareilles : (iTunes)



Intro : 16 Count From The Start of The Track (Approx. 9 Seconds Into Track)

Section 1 [1 - 8] WEAVE,STEP, CROSS UNWIND FULL TURN ,STEP

1 - 2 Cross R over L(1), Step L to left side(2)
3 - 4 Step R behind L(3),, Step L to left side(4)
5 - 6 Cross R over L(5) , Unwind full turn left(6)
7 - 8 Step R to right side, Step L in place (12:00)

Section 2 [9 - 16] : (JUMP,POINT)X2 , STEP , HIP BUMP

1 - 2 Jump R in place(1) , Point L to left side(2)
3 - 4 Jump L in place (3) , Point R to right side (4)
5 - 6 Jump R in place , Toe strut L beside R , Hip up left (5), Hip down to right(6)
7 - 8 Hip bump (L , R)

(Left hand up and down)

Section 3 [17 - 24]: CROSS , HOLD , (POINT , HITCH KNEE)X3

1 - 2 Cross step L over R(1)、 Hold (2)
3 - 4 Point R to right side(3) , Hitching R knee up(4)
5 - 8 Repeat twice (3 - 4)

(Right hand moves up and down along with right foot)

Section 4 [25 - 32]: JAZZ BOX

1 - 2 Cross R over L(1) , Hold(2)
3 - 4 Back L (3) , Hold(4)
5 - 6 Step R to right side(5) , Hold(6)
7 - 8 Step L forward (7) , Hold (8) (12:00)

Section 5 [33 - 40]: POINTX3 , HOOK , 1/4 R LOCK , 1/4 R CHASSE

1 - 2 Point R diagonal forward(1:00)(1), Point R diagonal forward (11:00)(2)
3 - 4 Point R diagonal forward(1:00)(3), Hook R (4)
5 & 6 1/4 Turn right Lock step R forward(3:00)(5),step L behind R(&),Step R forward(6)
7 & 8 1/4 turn right Step L to left side(6:00)(7), Step R Next to L(&), Step L to L Side(8)(6:00)

Section 6[41 - 48]: ROCKING CHAIR x2

1 - 2 Step R forward(1),Recover on L(2)
3 - 4 Step back on R(3) , Hold(4)
5 - 6 Step L forward(5),Recover on R(6)
7 - 8 Step back on L(7) , Hold(8)

Section 7 [49 - 56]: POINTX3 , 1/4 R HOOK , LOCK , 1/4 R CHASSE

1 - 2 Point R diagonal forward(7:00)(1), Point R diagonal forward (5:00)(2)
3 - 4 Point R diagonal forward(7:00)(3), Hook R (4)
5 & 6 1/4 turn rightLock step R forward(9:00)(5),step L behind R(&), Step R forward(6)(9:00)
7 & 8 1/4 turn right Step L to left side(12:00)(7), Step R Next to L(&), Step L to L Side(8)(12:00)

Section 8 [57 - 64]: 1/4 TURN RIGHT STEP,HITCH , X4

1 - 2 1/4 Turn left Step R(9:00)(1) , Hitch L forward(2)
3 - 4 1/4 Turn left t Step L(6:00)(3) , Hitch R forward(4)

5 – 6 1/4 Turn left t Step R(3:00)(5) , Hitch L forward(6)
7 – 8 1/4 Turn left t Step L(12:00)(7) , Hitch R forward(8)
(Both hands move freely).....

RESTARTS:-

- (1) During wall 2 & 6 after count 47-48 pivot 1/2turn (facing12:00) .Then Restart the dance again.
- (2) During wall 4 after count 8 (facing12:00) .Then Restart the dance again.

Have fun!!! Happy Dance

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