

Sunshine Of My Life

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Jo Kinser (UK) & John Kinser (UK) - October 2014
音乐: You Are the Sunshine of My Life (Glee Cast Version) - Glee Cast



Intro: Start on the vocals, 32 counts - No Tags, No Restarts.

[1-8] □ Rock Fwd, Shuffle Back, Back Rock, Step Lock Fwd

1,2 Rock Rt fwd, Replace weight Lt
3&4 Step Rt back, Step Lt next to Rt, Step Rt back
5,6 Rock Lt back, Replace weight Rt
7&8 Step Lt fwd, Lock Rt behind Lt, Step Lt fwd

[9-16] □ Prissy Walk Fwd, Cross, Back, Side Chasse

1,2 Step Rt fwd and across Lt, Hold
3,4 Step Lt fwd and across Rt, Hold
5,6 Step Rt over Lt, Step Lt back
7&8 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt

[17-24] □ Cross, Side, Behind, Sweep, Behind, Side, Cross, Sweep

1,2 Cross Lt over Rt, Step Rt to Rt
3,4 Step Lt behind Rt, Sweep Rt from front to back
5,6 Step Rt behind Lt, Step Lt to Lt
7,8 Cross Rt over Lt, Sweep Lt from back to front

[25-32] □ Cross, 1/4, 1/2 Shuffle Fwd, Rocking Chair

1,2 Cross Lt over Rt, Make 1/4 turn Lt stepping Rt foot back (9:00)
3&4 Make 1/4 turn Lt stepping Lt to Lt (6:00), Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (3:00)
5,6,7,8 Rock Rt fwd, Replace weight Lt, Rock Rt back, Replace weight Lt

Enjoy!

Contact: Jo Kinser (UK) jo@jjkdancin.com & John Kinser (US) JohnKinser@me.com