

Can You Hold Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Gordon Elliott (AUS) - October 2014
音乐: Hold Me - Farid Mammadov : (Album: Hold Me - CD Single)



Original Position: Feet Together Weight On The Left Foot. - Introduction: 8 Beats

SIDE, DRAG, BEHIND-SIDE-ACROSS, SIDE, 1/4 TURN, ROLL FORWARD-FORWARD

1, 2 Big Step R To The Side, Drag L Towards Right,
3 & 4 Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,
5, 6 Step R To The Side, Turn 90° Left Take Weight Onto L,
7 & Turn 180° Left Step R Back, Turn 180° Left Step L Forward,
8 Step R Forward.

FORWARD, ROCK & BACK, ROCK, PADDLE TURN, ACROSS-SIDE-BEHIND

1, 2 & Step L Forward, Rock Back Onto R, Step L Together,
3, 4 Step R Back, Rock Forward Onto L,
5, 6 Paddle : Step R Forward, Turn 90° Left Take Weight Onto L,
7 & 8 Step R Across In Front Of Left, Step L To The Side, Step R Behind Left.

BACK, BACK, COASTER STEP, FORWARD, DRAG, BACK-1/2 FORWARD-FORWARD

1, 2 Sweep To Step L Back, Sweep To Step R Back,
3&4 Coaster : Step L Back, Step R Together, Step L Forward, ##
5, 6 Step R Forward, Drag L Toe Behind Right,
7 & 8 Step L Back, Turn 180° Right Step R Forward, Step L Forward.

SIDE, ROCK & SIDE, ROCK & PIVOT TURN, PADDLE TURN-HITCH

1, 2 & Step R To The Side, Side Rock Onto L, Step R Together,
3, 4 & Step L To The Side, Side Rock Onto R, Step L Together,
5, 6 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L,
7, 8 Paddle : Step R Forward, Turn 90° Left Take Weight Onto L,
& Hitch R Knee.

[32] □ REPEAT THE DANCE IN NEW DIRECTION

RESTARTS : On WALL 4 dance to BEAT 20 (##) then RESTART dance FACING [3.00]

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