I See Me

1

拍数: 40

级数: Improver

编舞者: Tina Argyle (UK) - October 2014

音乐: I See Me - Travis Tritt : (Single - iTunes)

** A thousand thanks again to Glen for recommending this track - it's amazing! **

Count In : 16 counts from start of track

Step Fwd Sweep. Cross Side Behind with Sweep. Behind Side Cross Rock, Recover x2. ¼ Turn x 2

- Step forward left sweeping right leg anti clockwise
- 2&3 Cross right over left, step left to left side, cross right behind left sweeping left leg anti clockwise
- 4& Cross left behind right, step right to right side

RESTART - here on wall 3 facing 12 o'clock

- 5 Cross rock left over right
- 6&7 Recover weight onto right, step left to left side, cross rock right over left
- 8&1 Recover weight onto left, make ¼ turn right stepping fwd right, make ¼ turn right stepping left to left side

Sweeping right leg clock wise (6 o'clock)

Sailor Step. Behind Side Cross. Basic Nightclub Right Then Left.

- 2&3 Cross right behind left, rock left side, step right to right side
- &4& Cross left behind right, step right to right side, cross left over right
- 56& Take extended step right to right side, rock left behind right, recover weight onto right
- 78& Take extended step left to left side, rock right behind left, recover weight onto left

*** Tag here on wall 6 (facing 6 o'clock) repeat basic nightclub - (1) Step to right side (2&) Rock straight back left, recover

Rumba Box, Coaster, Side. Cross Rock, Side Rock, Sailor 1/4 Turn Sway

- 1&2 Step right to right side, close left at side of right, step forward right
- 3& Step left to left side, close right at side of left
- 4&5 Step back left, Step back right, take extended step left to left facing left diagonal
- 6& Rock forward right, recover
- 7& Side rock right, recover
- 8&1 Make 1/4 turn right crossing right behind left, step left to left side, step right to right side swaying hips to right side

Sway Rolling Full Turn Right. Sway, Sway, Rolling 1 ¹/₄ Turn Left (rolling turns can be danced as vines) 2

Sway to the left transferring weight onto left

- 3&4 1/4 turn right stepping fwd right, 1/2 turn right stepping back left, 1/4 turn right stepping right to right side
- 5-6 Step left to left side swaying to the left, sway to the right transferring weight onto right
- 7& 1/4 turn left stepping fwd left, 1/2 turn left stepping back right
- 8& 1/2 turn left stepping forward left, step forward right

Switching Forward Rock Steps. Together Back, Coaster Step, Brush Left Lock Step

- 1 2 Rock forward left, recover
- &3-4 Step left at side of right, rock forward right, recover
- &5 Step right at side of left, take long step back left
- 6&7 Step back right, step left at side of right, step fwd right
- & Brush left at side of right
- 8&1 Step forward left, lock right behind left, step fwd left to start dance again at count 1 with sweep





墙数:2