

Do Life Big

COPPER KNOB
STEPSHEETS

拍数: 96
编舞者: Penny Tan (MY) - October 2014
音乐: Do Life Big - Jamie Grace

墙数: 1

级数: Phrased Improver



Intro: Start after count 16 or vocal "slow"

Sequence of dance: ABB ABB CCCC BB CCCC

PART A (64 COUNTS)

SEC1; Walk Fwd RLR, Kick Ball Touch,

1-2-3-4 Step R fwd , hitch , step L fwd , hitch

5-6-7&8 Walk fwd on R , kick L fwd , step L on L , touch R to right side

SEC2: Walk Backward RLF, Kick Ball Touch

1-2-3-4 Step R back, hitch,step L back , hitch

5-6-7&8 Walk backward on R , kick fwd, step L on L , touch R to right side

SEC3: Cross Touch,Cross Touch ,Cross,Step ,Sailor Step,Cross Touch,Cross Touch, Cross ,Step, Sailor Step

1-2-3-4 Cross R over L , touch L on L , Cross L behind R , touch R on R

5-6-7&8 Cross R over L , step L on L , step R behind L , recover L on L , step R on R

SEC4: Cross Touch,Cross Touch, Cross, Step, Sailor Step,Cross Touch , Cross Touch, Cross,Step, Sailor Step

1-2-3-4 Cross L over R , touch R on R, Cross R behind L , touch L on L

5-6-7&8 Cross L over R , step R on R , step L behind R , recover R on R , step L on L

SEC5: Fwd Cha Cha , 1/2 turn L Recover, Walk Fwd R L

1&23&4 Cha cha fwd on R L

5-6-7-8 Step R fwd 1/2 turn to L , recover L on L , walk fwd R L

SEC6: Repeat PartA(SEC5)

SEC7; Side Rock Cross Shuffle , Side Rock Cross Shuffle

1-2-3&4 Rock R on R ,recover L on L ,cross R over L ,step L on L ,cross R over L

5-6-7&8 Rock L on L ,recover R on R ,cross L over R ,step R on R ,cross L over R

SEC8: Side Rock, Recover , Side Rock, Recover , Fwd Rock , Recover , Fwd Rock , Recover

1-2&3-4& Rock R on R , recover L on L , step R beside L,rock L on L , recover R on R , step L beside R

5-6&7-8& Rock R fwd on R , recover L on L , step R beside L , rock L fwd on L , recover R on R , step L beside R

PARTB; (16 COUNTS)

SEC1; Sway RLRL, Side Rock Cross Shuffle

1-2-3-4 Sway hips RLRL (with waving R hand)

5-6-7&8 Rock R on R ,recover L on L ,cross R over L ,step L on L ,cross R over L

SEC2: Sway LRLR, Side Rock Cross Shuffle

1-2-3-4 Sway hips LRLR (with waving L hand)

5-6-7&8 Rock L on L ,recover R on R ,cross L over R ,step R on R ,cross L over R

PARTC: (16 COUNTS)

SEC1: Vine R ,Touch, Vine L With 1/4 Turn

1-2-3-4 Step R on R , cross L behind R , step R on R , touch L beside R

5-6-7-8 Step L on L , Cross R behind L ,turn 1/4 L and step L , touch R beside L

SEC2: Side Rock Cross Shuffle, Side Rock Cross Shuffle

1-2-3&4 Rock L on L ,recover R on R ,cross L over R,step R on R ,cross L over R

5-6-7&8 Rock R on R,recover L on L ,cross R over L ,step L on L ,cross R over L

HAPPY DANCING

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