

I Don't Care

拍数: 64 墙数: 1 级数: Improver - Zumba style
编舞者: Jaszmine Tan (MY) - October 2014
音乐: I Don't Care (feat. Fat Joe & Amerie) - Ricky Martin : (iTunes)



Intro 16 count

Sec 1 : □R Heel Forward Step, L Heel Forward Step X 2

1 & 2 Step R heel diagonally forward, step down on R
3 & 4 Step L heel diagonally forward, step down on L
5 & 6 Step R heel diagonally forward, step down on R
7 & 8 Step L heel diagonally forward, step down on L

[Optional styling : Move your hips forward , backward, forward]

Sec 2 : □Step R side, Touch L, Step L side, Touch R, Step R side, Cross L, Step L side, Cross R

1 – 2 Step R to R, touch L behind R
3 – 4 Step L to L, touch R behind L
5 – 6 Step R to R, touch L across R
7 – 8 Step L to L, touch R across L

[Optional styling : bring both arms upward and then down for every 2 count]

Sec 3 : □Step R back and Bend both knee, Step L back and Bend both knee X 2

1 & 2 Step back on R , bend both knee with weight on R
3 & 4 Step back on L , bend both knee with weight on L
5 & 6 Step back on R , bend both knee with weight on R
7 & 8 Step back on L , bend both knee with weight on L

[Optional styling : As you step back , do a chest pump and bend the knee]

Sec 4 : □Modified R Jazz Box, Hip bump

1 – 4 Step R forward, cross L over R, step back on R, step L to L
5 & 6 Hip bump R, L, R [Optional styling : bring both arm forward and down]
7 & 8 Hip bump L, R, L [Optional styling : bring both arm forward and down]

Sec 5 : □Modified L Jazz Box, Hip bump x 2

1 – 4 Step L forward, cross R over L, step back on L, step R to R
5 & 6 Hip bump L,R, L [Optional styling : bring both arm forward and down]
7 & 8 Hip bump R, L, R [Optional styling : bring both arm forward and down]

Sec 6 : □R Grapevine, Touch, Paddle 1/4 R Turn

1 – 4 Step R to R, step L behind L, step R to R, touch L next to R
5&6&7&8 Weight on R, touch L to L making 1/4 turning R X 4 times [Full paddle turn R]

[Optional styling : Row your arms or move your shoulder as you paddle]

Sec 7 : □L Grapevine, Touch, Paddle 1/4 L Turn

1 – 4 Step L to L, step R behind R, step L to L, touch R next to L
5&6&7&8 Weight on L, touch R to R making 1/4 turning L X 4 times [Full paddle turn L]

[Optional styling : Row your arms or move your shoulder as you paddle]

Sec 8 : □Mambo Forward, Backward x 2

1 & 2 Step R forward, recover on L, step back on R
3 & 4 Step L backward, recover on R, step forward on L
5 & 6 Step R forward, recover on L, step back on R
7 & 8 Step L backward, recover on R, step forward on L

No Tag No Restart – just dance to the beat with energy !

*** Happy dancing ! ***

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