

It's Only Natural

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4
编舞者: Dee Musk (UK) - October 2014

级数: Beginner Cha Cha

音乐: It's Only Natural - Crowded House : (Album: The Very Best Of Crowded House. - iTunes)



#16 Count Intro – Approx 10 seconds – Track approx 3 mins 30 secs

Side Touch, Side Shuffle, Behind Side, Cross Shuffle.

1,2 Step L to L side, touch R beside L.
3&4 Step R to R side, close L beside R, step R to R side.
5,6 Step L behind R, step R to R side.
7&8 Cross L over R, step R to R side, cross L over R. (12 o'clock).

Side Touch, Shuffle ¼ Turn L, Forward Rock Step, Coaster Step.

1,2 Step R to R side, touch L beside R.
3&4 Step L to L side, close R beside L, make a ¼ turn L stepping forward on L.
5,6 Rock forward on R, recover weight to L.
7&8 Step back on R, close L beside R, step forward on R. (9 o'clock).

Forward Rock Step, Coaster Step, Step Point, x 2.

1,2 Rock forward on L, recover weight to R.
3&4 Step back on L, close R beside L, step forward on L.
5-8 Step forward on R, point L to L side, step forward on L, point R to R side (9 o'clock).

Jazzbox, Side Rock, Cross Shuffle.

1-4 Cross R over L, step back on L, step R to R side, cross L over R.
5,6 Rock R to R side, recover weight to L.
7&8 Cross R over L, step L to L side, cross R over L. (9 o'clock).

Contact: deemusk@btinternet.com - Dee – 07814 295470
