

# Pampoen (Pumpkin)

COPPER KNOB  
STEPPSHEETS

拍数: 64                      墙数: 4                      级数: Improver  
编舞者: Martie Papendorf (SA) - October 2014  
音乐: Pampoen - Steve Hofmeyr : (Album: Toeka Ma Local)



Intro.: 16 counts [+/- 8 sec.] to start on vocals.

## S1: Rock back, Recover, R fwd shuffle, L cross shuffle, Step, Pivot ¼ left

1,2                      Rock R back, Recover L fwd,  
3&4                      Step R fwd, Step L next to R, Step R fwd,  
5&6                      Step L across R, Step R behind L, Step L across R,  
7,8                      Step R fwd, Make a pivot turn ¼ left [weight to L] [9.00]

## S2: Behind, Side, Cross, Chasse ¼ left, Step, Pivot ¼ left, Fwd shuffle

1&2                      Cross R behind L, Step L to left side, Step R across L,  
3&4                      Step L to left side, Close R to L, Step L fwd making a ¼ turn left, [6.00]  
5,6                      Step R fwd, Make a pivot turn ¼ left [weight to L] [3.00]  
7&8                      Step R fwd, Step L next to R, Step R fwd [3.00]

## S3: Rocking chair, Step, Pivot ½ right, Shuffle ½ right

1,2,3,4                      Rock L fwd, Recover back onto R, Rock L back, Recover R fwd,  
5,6                      Step L fwd, Pivot ½ right [weight to R],[9.00]  
7&8                      Step L back making a ½ turn right, Step R across L, Step L back [3.00]

## S4: Shuffle diagonal back R, L, Rock back, Recover fwd, Fwd shuffle

1&2                      Step R back to right diagonal, Step L next to R, Step R back to right diagonal  
3&4                      Step L back to left diagonal, Step R next to L, Step L back to left diagonal,  
5,6                      Rock R back, Recover L fwd,  
7&8                      Step R fwd, Step L next to R, Step R fwd [3.00]

## S5: Cross strut, Side strut, Cross, Side, Coaster ¼ left

1,2                      Touch L across R, Step L across R,  
3,4                      Touch R to right side, Step R to right side,  
5,6                      Step L across R, Step R to right side,  
7&8                      Step L behind R making a ¼ turn left, Rock R to right side, [12.00] Recover L to left side  
[12.00]

## S6: Cross strut, Side strut, Cross shuffle, Side together fwd

1,2                      Touch R across L, Step R across L,  
3,4                      Touch L to left side, Step L across R,  
5&6                      Step R across L, Step L to left side, Step R across L,  
7&8                      Step L to left side, Step R next to L, Step L fwd [12.00]

## S7: Fwd, 3 swivels ¼ left, Side, Behind, Chasse ¼ left

1,2,3,4                      Step R fwd, Swivel R 3x making a ¼ turn left [weight to R], [9.00]  
5,6                      Step L to left side, Cross R behind L,  
7&8                      Step L to left side, Step R next to L, Step L fwd making a ¼ turn left [6.00]

## S8: Side ¼ left, Behind, Chasse right, Rock across, Recover back, Sailor ½ left

1,2                      Step R to right side making a ¼ turn left, Cross L behind R, [3.00]  
3&4                      Step R to right side, Step L next to R, Step R to right side, [3.00]  
5,6                      Rock L across R, Recover R back,

7&8                    Swing and step L behind R making a ¼ turn left, Rock R to right side making a ¼ turn left,  
□Recover L to left side [9.00]

**Tag: At end of wall 3 facing 3.00-**

**Fwd, Touch, Back, Touch, Back, Touch, Back, Touch**

1,2,3,4                Step R fwd to right diagonal, Touch L to R, Step L back to left diagonal, Touch R to L,

5,6,7,8                Step R back to right diagonal, Touch L to R, Step L back to left diagonal, Touch R to L

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