All About That Bass

级数: Newcomer

编舞者: Roy Hoeben (NL) - October 2014

音乐: All About That Bass - Meghan Trainor

Cross touch 3x, sailorstep.

拍数: 32

- = LF cross behind RF. 1 2
 - = RF touch right.
- 3 = RF cross behind LF.
- 4 = LF touch left. 5
- = LF cross behind RF. 6
 - = RF touch right.
- 7 = RF cross behind LF.
- & = LF step left.
- 8 = RF step right.

Cross over, turn, kick, out-out.

- 1 = LF cross over RF. 2 $= \frac{1}{4}$ turn right. 3 = $\frac{1}{4}$ turn right. & = Lift right and left heel up. 4 = Drop right and left heel down. 5 = RF kick forward. & = RF step right out. 6 = LF step left out. & = Lift Right and left heel up. 7 = Drop right and left heel down. & = Lift Right and left heel up.
- 8 = Drop right and left heel down.

Grapevine, swivvels.

1 = LF step behind RF. 2 = RF step right. 3 = LF cross over RF. 4 = RF close next LF. 5 = RF and LF swivvel heel right. 6 = RF and LF swivvel tow right. 7 = RF and LF swivvel heel right. 8 = RF and LF swivveltow right.

Touch, touch, hand move, hip.

= LF touch front RF. 1 2 = LF step left. 3 = RF touch front LF. 4 = RF step right. 5 = Swing left and right hand back. 6 = Swing lef tand right hand forward. 7 = hold. 8 = Hip to right.

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墙数: 2