

Wim-o-wack! (The Lion Sleeps Tonight) COPPER KNOB

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lorraine Van Vloten & Annemaree Sleeth (AUS) - October 2014
音乐: The Lion Sleeps Tonight - The Tokens : (Album: Best Of The Tokens - iTunes)



Annemaree Sleeth Both (Australia) with in - put by Lorraine from class

Music Intro 16 counts On "Wee-oooh wim-o-weh" - No Tags No Restarts Yay!

SEC 1: [1-8] SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOGETHER, SHUFFLE BACK

1- 2 Step R Side, step L together, (wgt L)
3 &4 Step R fwd, step L together, step R forward
5- 6 Step L side, step R together, (wgt R)
7 &8 Step L back, step R together, step L back

SEC 2: [9-16] BACK ROCK RECOVER, R SHUFFLE FORWARD, STEP ½ PIVOT, L SHUFFLE FORWARD

1- 2 Step R back, lift L slightly recover to L, (add a woo and arms up over head)
3 &4 Step R fwd, step L together, step R forward
5 -6 Step L forward, pivot ½ R (wgtR),
7 &8 Step L fwd, step R together, step L forward

SEC 3: [17-24] R SIDE BEHIND, SIDE R SHUFFLE, CROSS ROCK ¼ L, SHUFFLE FWD

1 -2 Step R side, cross L behind R
3 &4 Step R side, step L together, step R side
5 - 6 Cross L over R, recover R,
7 &8 ¼ L step L fwd, step R together, step L forward 3.00

SEC 4: [25-32] SIDE BEHIND SIDE SHUFFLE , (HIP SWAYS , TOUCH * option)

1- 2 Step R side, cross L behind R
3 &4 Step R side, step L together, step R side
5 -6 -7 Step to L side swaying hips, L, R, L (option added below)
8 Touch R beside L

***Easier Option - Substitute Hips sways touch to side behind side shuffle**

5-6-7&8 LEFT SIDE BEHIND SIDE SHUFFLE

Ending : facing 3 .00 wall Dance to count 30 last sway ¼ L forward and step R fwd

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