

True (真相) (zh)

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Verdadero - David Civera : (CD: Ni el Primero Ni El Ultimo)



- 第一段 Chasse Right, Rock, Recover, Step, Hold, & Step, Touch**
右追步, 後下沉 回復, 踏 候-併-左 併點
- 1&2 Step right to right side. Step left beside right. Step right to right. 右足右踏, 左足併踏, 右足右踏
- 3,4 Rock back on left behind right. Recover on right.
左足於右足後下沉, 右足回復
- 5-6 Step left to left. Hold. 左足左踏, 候
- &7,8 Step right beside left. Step left to left. Touch right beside left 右足併踏, 左足左踏, 右足併點
- 第二段 Cross Rock, Recover, Chasse ¼ Turn Right, Step, Hold, & Step, Touch**
交叉下沉 回復, 追步轉, 踏 候-併-踏, 併點
- 1,2 Cross rock right over in front of left. Recover left.
右足於左足前交叉下沉, 左足回復
- 3&4 Step right to right. Step left beside right. Turning ¼ turn right, step forward right. 右足右踏, 左足併踏,
右轉90度右足前踏
- 5-6 Step forward left. Hold 左足前踏, 候
- &7,8 Step right beside left. Step forward left. Touch right beside left.
右足併踏, 左足前踏, 右足併點
- 第三段 Rock, Recover, Right Shuffle Forward, Rock, Recover, Left Shuffle Forward** 下沉 回復, 前交換, 下沉 回復, 前交換
- 1-2 Rock forward onto right. Rock back onto left.
右足前下沉, 左足回復
- 3&4 Step forward right. Step left to right. Step forward right.
右足前踏, 左足併踏, 右足前踏
- 5-6 Rock forward onto left. Rock back onto right. 左足前下沉, 右足回復
- 7&8 Step forward left. Step right to left. Step forward left.
左足前踏, 右足併踏, 左足前踏
- 第四段 Step ½ Turn, Touch, Left Kick Ball Cross, & Cross, Touch, Left Shuffle Forward** 踏 轉併點, 踢 併 交叉 併 交叉 併, 前交換
- 1-2 Step forward right. Pivot ½ turn left, touching left to right.
右足前踏, 左軸轉180度左足併點
- 3&4 Kick left foot forward. Step ball of left beside right. Cross right over left. 左足前踢, 左足併踏, 右足於左
足前交叉踏
- &5-6 Step ball of left beside right. Cross right over left. Touch left beside right. 左足併踏, 右足於左足前交叉
踏, 左足併踏
- 7&8 Step forward left. Step right to left. Step forward left.
左足前踏, 右足併踏, 左足前踏
- 第五段 Rock Right, Recover, & Rock Left, Recover, & Step Forward, ¼ Pivot Turn Left, Right Heel Hook, Step**
右下沉 回復, 併 左下沉 回復, 併 踏 1/4, 踵 勾 踏
- 1,2 Rock right to right side. Recover weight onto left.
右足右下沉, 左足回復
- &3-4 Step right beside left. Rock left to left side. Recover weight on right.
右足併踏, 左足左下沉, 右足回復

- 8&5-6 Step left beside right. Step forward right. Pivot ¼ turn left.
左足併踏, 右足前踏, 左軸轉90度
- 7&8 Touch right heel out in front. Hook right in front of left. Step down on right taking weight. 右足踵前點, 右足於左足前勾, 右足踏

第六段 Step Left, Right Behind, & Cross, Rock Left, Recover Right, Step Left Behind Right, Step Right, Step Forward Left, Step Forward Right
左, 後併前, 左下沉回復, 後旁前, 踏

- 1,2 Step left to left side. Step right behind left.
左足左踏, 右足於左足後踏
- 8&3-4 Step left beside right. Step right across in front of left. Rock left to left side. 左足併踏, 右足於左足前交叉踏, 左足左下沉
- 5,6 Recover weight onto right. Step left behind right.
右足回復, 左足於右足後踏
- 8&7-8 Step right to right side. Step forward left. Step forward right.
右足右踏, 左足前踏, 右足前踏

第七段 Rock Forward Left, Recover Right, Left Coaster Step, Rock Right, Recover Left, Right Cross Shuffle
下沉回復, 後併前, 右下沉回復, 交叉交換

- 1,2 Rock forward on left. Recover weight onto right.
左足前下沉, 右足回復
- 3&4 Step left back. Step right beside left. Step left forward.
左足後踏, 右足併踏, 左足前踏
- 5-6 Rock right to right side. Recover weight onto left.
右足右下沉, 左足回復
- 7&8 Cross right over left. Step left to left. Cross right over left.
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第八段 2 x ¼ Turn Right, Left Cross Shuffle, Step Right, Touch, Left, ¼ Chasse Left 右1/4 1/4, 交叉交換, 右踏併點, 追步轉

- 1,2 Turning ¼ turn right, step back on left. Turning ¼ turn right, step right to right. 右轉90度左足後踏, 右轉90度右足右踏
- 3&4 Cross left over right. Step right to right. Cross left over right.
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 5,6 Step right to right side. Touch left beside right.
右足右踏, 左足併點
- 7&8 Step left to left. Step right to left. Turning ¼ turn left, step forward left. 左足左踏, 右足併踏, 左轉90度左足前踏

RESTARTS: There are 2 very easy restarts in this dance. They OCCUR at the end of the FIRST wall – facing the front. and the end of the FOURTH wall – facing the back. Both these walls only have 60 counts. Counts 57-60 are then as follows:

第一面牆面向前面牆時, 第四面牆面向後面牆時,
跳至第七段時加跳下列4拍從頭起跳

2 x ¼ Turn Right, Step Touch 右1/4 1/4, 左踏併點

- 1,2 Turning ¼ turn right, step back on left. Turning ¼ turn right, step right to right. 右轉90度左足後踏, 右轉90度右足右踏
- 3,4 Step left to left side. Touch right beside left.
左足左踏, 右足併點