

The Remix

COPPER KNOB
BY STEPHEN

拍数: 80 墙数: 2 级数: High Intermediate
编舞者: Yvonne Anderson (SCO) & Karl-Harry Winson (UK) - September 2014
音乐: Remix (I Like The) - New Kids On the Block : (Album: 10)



Intro: 16 Counts (from the "whoaaa").....10 Seconds

Big Thank You to Mark Cosenza for suggesting the music to us!!!

Walk Forward Right-Left. Step. Pivot 1/4 Turn Left. Cross. 1/4 Turn Right X2. Hold.

1 – 4 Walk forward on Right. Walk forward on Left. Step Right forward. Pivot 1/4 turn Left. 9.00
5 – 8 Cross Right over Left. Make 1/4 Right stepping Left back. Make 1/4 Right stepping Right to Right side. Hold.

Ball Side-Touch. Left Toe Point. Hitch. Left Toe Point. Monterey 1/2 Left. Right Toe Point. Hitch.

&1-2 Step Left beside Right. Step Right out to Right side. Touch Left toe beside Right. 3.00
3 – 4 Point Left toe out to Left side. Hitch Left knee up beside Right.
5 – 6 Point Left toe out to Left side. Make 1/2 turn Left Stepping Left beside Right.
7 – 8 Point Right toe out to Right side. Hitch Right knee up beside Left. 9.00

Hip Bumps Right-Left. 1/4 Turn Left. Hitch. Back Rock. Full Turn Right.

1 – 2 Touch Right toe out to Right side bumping hips Right. Bump Hips Left.
3 – 4 Bump Hips Right making 1/4 turn Left putting weight on Right. Hitch Left Up. 6.00
5 – 6 Rock back on Left. Recover weight on Right.
7 – 8 Make 1/2 turn Right stepping Left back. Make 1/2 turn Right stepping Right forward. 6.00

Prissy Walks forward Left-Right. Step Pivot 1/4 turn. Left Cross Shuffle.

1 – 4 Walk forward and cross step Left over Right. Hold. Walk forward and cross step Right over Left. Hold.
5 – 6 Step forward on Left. Pivot 1/4 turn Right. 9.00
7&8 Cross step Left over Right. Step Right beside Left. Cross step Left over Right. 9.00

Make 1/4 Turn. 1/2 turn. Brush. Hitch. 1/4 turn Left. Back Step/Lean Back. Heel Dig. Step In place. Toe Touch.

1 – 2 Make 1/4 turn Left stepping Right back 6.00. Make 1/2 turn Left stepping Left forward.12.00
3&4 Brush Right beside Left. Hitch Right knee making 1/4 turn Left. Make 1/4 turn Left stepping Right back 6.00.
5 – 6 Step back on Left/Lean back as you do this. Dig Right heel forward.
7 – 8 Step Right in place. Touch Left toe beside Right. 6.00

Syncopated Heel & Toe Touches (Make 1/4 turn Left). Forward Step. Step 1/2 turn Left. Step 1/4 turn Left.

&1 Make 1/8 turn Left stepping back on Left. Dig Right heel forward.
&2 Step Right in place. Touch Left toe beside Right.
&3 Make 1/8 turn Left stepping back on Left. Dig Right heel forward.
&4 Step Right in place. Step forward on Left. 3.00
5 – 8 Step Right forward. Pivot 1/2 turn Left. Step Right forward. Pivot 1/4 turn Left.

***Restart Here on Wall 2 (12.00)**

Step. Hold. Ball Step-Touch (Right Diagonal). Step. Hold. Ball Step-Touch (Left Diagonal).

1 – 2 (Angling body to Left diagonal) Step Right to Right diagonal. Hold.
&3-4 Step Left beside Right. Step Right forward to Right diagonal. Touch Left toe beside Right.
5 – 6 (Angling body to Right diagonal) Step Left to Left diagonal. Hold.
&7-8 Step Right beside Left. Step Left forward to Left diagonal. Touch Right toe beside Left 6.00.

Note: Think of this section as “Side, Ball-Steps but angling your body to the diagonal/corner as you do this.

Syncopated Boogie Walks Back X2. Syncopated Jump Out. Hold. Ball-Cross. Hold.

- &1-2 Step back on Right (straighten up to 6.00). Touch Left toe forward swivelling Left heel in towards Right. Hold.
- &3-4 Step back on Left. Touch Right toe forward swivelling Right heel in towards Left. Hold.
- &5-6 Step out on Right. Step out on Left. Hold.
- &7-8 Step Left in place. Cross step Right over Left. Hold.

Unwind 1/2 turn Left. Hold. Left Coaster Step. Right Shuffle Forward. Side Step. Hold.

- 1 – 2 Unwind 1/2 turn Left (weight ending up on Right). Hold. 12.00
- 3&4 Step back on Left. Step Right beside Left. Step Left forward.
- 5&6 Step forward on Right. Close Left beside Right. Step forward on Right.
- 7 – 8 Step Left out to Left side. Hold.

Hinge Turn Right. Right Rock. Side Step. Hold. Ball-Side.

- 1 – 2 Cross Right over Left. Make 1/4 turn Right stepping Left back. 3.00
- 3 – 4 Make 1/4 Right stepping Right to Right side. Cross Rock Left over Right. 6.00
- 5 – 6 Recover weight back on Right. Step Left to Left side.
- 7&8 Hold. Step Right beside Left. Step Left out to Left side.

Start Again!

***Restart – On Wall 2, Dance Sections 1 – 6 and Restart after the “Pivot 1/2 turn, Pivot 1/4 turn”. This will bring you to the 12 o'clock Wall to Restart the dance.**

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