

Everyday Woman

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Everyday Woman - Emerson Drive : (Album: Countrified - iTunes - 3:22)



#16 beat introduction

[1-8] * Rock across, Recover, Together, Forward, Rock forward, Recover, Quarter side, Cross, Quarter back, Half forward

- 1 2 & Rock step right across left to (11.00), recover back onto left in place, step right beside left (&) 12.00
3 4 Step left forward, Rock step right forward
5 6 & Recover back onto left in place, turn 1/4 right then step right out to side, step left over right (&) 3.00
7 8 * Turn 1/4 left then step right back, turn 1/2 left then step left forward 6.00

[9-17] Cross, Half, Cross, Side Rock, Cross, Quarter back, Rock back, Recover, Quarter back, Half forward, Right, Lock, Right

- 1 & 2 Step right across left, keeping weight on right unwind 1/2 left (&), step left across right 12.00
& 3 4 Rock step right out to side (&), recover onto left in place, step right across left
& 5 6 Turn 1/4 right then step left back (&), Rock step right back, recover forward onto left 3.00
& 7 Turn 1/4 left then step right back (&), turn 1/2 left then step left forward 6.00
8 & 1 Step right forward, lock left in behind right (&), step right forward (locking shuffle Right)

[18-24] Together, Back, Back, Quarter, Cross, Quarter, Quarter, Rock across, Recover, Hook

- 2 & 3 Step left beside right, step right back (&), step left back
4 5 Turn 1/4 right the step right out to side, step left across right 9.00
6 & Turn 1/4 left then step right back, turn 1/4 left then step left out to side (&), 3.00
7 8 Rock step right across left to face (1.30), recover back onto left in place, 1.30
& Hook right heel to left shin whilst turning 1/4 right 4.30

[25-32] Forward, Lock, Eighth, Quarter, Behind, Quarter Rock Forward, Push Recover, Half, Quarter, Sailor Quarter Forward

- 1 2 & Step right forward, Lock left in behind right, turn 1/8 right then step right forward (&) 6.00
3 4 Turn 1/4 right then step left out to side, cross right behind left, 9.00
& ** 5 Turn 1/4 left then rock step left forward (&)** , push off with left recovering back onto right in place 6.00
6 & Turn 1/2 left then step left forward, turn 1/4 left then step right out to side 9.00
7 & Step left behind right starting a 1/4 left turn, step right beside left completing the 1/4 left turn (&) 6.00
8 Step left forward

TAG: (Danced once only after wall One)

- 1-8 Step Drag Hold, Locking Shuffle Left, Step Half Pivot, Forward, Forward
1 2 Step right forward dragging left together, hold
3 & 4 Step left forward, lock step right behind left (&), step left forward
5 6 Step right forward, pivot 1/2 left taking weight onto left in place
7 8 Step right forward, step left forward

RESTARTS: -

On Walls 3 and 7 Dance up to count 28 & (**) then Restart to the front wall

On Wall 5 Dance up to count 8 (*) then Restart to the front wall

ENDING: On Wall 8 Dance up to count 26 &, turn 1/2 right then step left back, drag right together

Hints for instructors: There is always an & count after 2 and 6 during the dance, this will help with the timing. A Back wall sequence is never completed, due to restarts which bring you to the front wall.

Sequence: Intro 16, 32, 8 count Tag, 32, 28, 32, 8, 32, 28, 28 to finish

This is an original dance sheet, feel free to copy without change for distribution

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