

The Way You Lie (愛你說的謊) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Frank Cooper (CAN) - 2010年09月
音乐: Love the Way You Lie (feat. Rihanna) - Eminem : (CD: Recovery - Edited)



前奏 : Start dance on the word "stand"

- 第一段 Nightclub two-step basic right and left, full turn left, rock & step**
右基本步, 左基本步, 轉轉, 前曼波
- 1-2& Step right to right side (1), rock back on left (2), recover onto right (&) 右足右踏, 左足後下沉, 右足回復
- 3-4& Step left to left side (3), rock back on right (4), recover onto left (&) 左足左踏, 右足後下沉, 左足回復
- 5-6 Step back on right ½ turn left (5), step forward on left ½ turn left (6) 左轉180度右足後踏, 左轉180度左足前踏
(Optional: for counts 5 – 6 walk forward right, left)
(簡易版: 右足前走, 左足前走)
- 7&8 Rock forward on right (7), recover onto left foot (&), step back on right (8) 右足前下沉, 左足回復, 右足後踏
- 第二段 Rock and step, rock and cross, syncopated weave w/touch**
後曼波(斜前踏), 曼波交叉, 藤步帶左點
- 1&2 Rock back on left (1), recover onto right (&), step forward on left towards 11:30 (2) 左足後下沉, 右足回復, 左足斜前踏(面向11:30)
- 3&4 Rock right out to right side (3), recover onto left (&), step right foot over left squaring up to 9:00 (4)
右足右下沉, 左足回復, 右足於左足前交叉踏(轉正面向9點鐘)
- 5&6& Step back on left (5), step right to right side (&), step left over right (6), step right to right side (&)
左足後踏, 右足右踏, 左足於右足前交叉踏, 右足右踏
- 7&8 Step left behind right (7), step right to right side (&), touch left toe to left side (8) 左足於右後踏, 右足右踏, 左足左點
- 第三段 Ball cross, step back angle, rock back & step, syncopated pivot ½ turn, forward triple full turn 併-交叉, 後, 後曼波, 踏轉踏, 三步轉圈**
- &1-2 Step left home (&), step right over left (1), step back on left turn body towards 11:30 (2)
左足併踏, 右足於左足前交叉踏, 左足後踏身體面向11:30
- 3&4 Rock back on right (3), recover onto left (&), step forward on right foot squaring up to 12:00 (4)
右足後下沉, 左足回復, 右足前踏(轉正面向12點鐘)
- 5&6 Step fwd on left (5), pivot ½ turn right (&), step forward on left (6)
左足前踏, 右軸轉180度, 左足前踏
- 7&8 Triple full turn left stepping right (7), left (&), right (8) traveling forward 三步左轉圈-右, 左, 右(向前移)
(Optional: for counts 23 & 24 Triple step fwd)
簡易版:三次前走步-右, 左, 右
- 第四段 Step side, touch right, side triple full turn, cross rock & step, syncopated jazz box 左踏 右點, 三步右轉圈, 交叉曼波, 爵士方塊**
- 1-2 Step left to left side (1), point right toe to right side (2),
左足左踏, 右足右點
- 3&4 Triple full turn right stepping right (3), left (&), right (4) traveling to right side 三步右轉圈-右, 左, 右(向右移)
- 5&6 Rock left over right (5), recover onto right (&), step left to left side (6) 左足於右足前交叉下沉, 右足回復, 左足左踏
- 7&8& Cross right over left (7), step back on left (&), step right to right side (8), step left over right foot (&)
右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏

Restarts

On the 5th & 9th wall make the following change to count (8) in the second set to restart 第五面牆及第九面牆跳至第二段, 第8拍改成交叉踏, 從頭起跳

Extended weave 延伸藤步

7&8 Step left behind right (7), step right to right side (&), step left over right (8) 左足於右足後踏, 右足右踏, 左足於右足前交叉踏

Start dance from the beginning now facing the side walls 面向側面牆, 從頭起跳

Tags

At the end of the 1st wall (facing 6:00) & 11th (facing 12:00) wall add on the following

第一面牆(面向6點鐘), 第十一面牆(面向12點鐘)時加拍

Nightclub two-step basic right and left 右基本步, 左基本步

1-2& Step right to right side (1), rock back on left (2), recover onto right (&) 右足右踏, 左足後下沉, 右足回復

3-4& Step left to left side (3), rock back on right (4), recover onto left (&) 左足左踏, 右足後下沉, 左足回復

Note

This dance will go from a 12 & 6 o'clock start to a 9 & 3 o'clock start after first tag. Dance goes back to 12 & 6 o'clock start after second tag.

這首舞曲原先兩面牆為12點及6點, 跳完第一個加拍會變成9點及3點, 跳完第二次加拍會回到12點及6點
