

# Feel the Freedom

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 2      级数: Novice - WCS  
编舞者: Barbara Seelt (NL) - October 2014  
音乐: The Freedom Song - Jason Mraz



## [1-8] Walk R L, Rock Recover, Full Turn L, ¾ L Cross Shuffle

1, 2      step RF forward, step LF forward  
3&4      rock RF forward, recover on LF, step RF back  
5, 6      turn ½ L whilst stepping LF forward, turn ½ L whilst stepping RF behind  
7&8      turn ¾ L whilst crossing LF over RF, step RF to R, cross LF over RF (3:00)

## [9-16] Touch, Step, Hitch, Jazz Box ¼ L, Hold, 1¼ R

1, 2      touch RF to R, cross RF over LF (facing slightly to 1:30)  
3      hitch L knee whilst turning ¼ R (facing slightly to 4:30)  
4&      cross LF over RF, angle up to 3:00 whilst stepping back on RF  
5, 6      turn ¼ L step LF to L, hold (angle up to 12:00, RF slightly pointed)  
7, 8      turn ¼ R step RF forward, full turn R whilst stepping LF next to RF

(optional steps counts 7, 8: turn ¼ R step RF forward, step LF next to RF)

## [17-24] Hip Bumps 1/2 L, Hip Bumps, Jazz Box, Weave

1&2      touch RF forward bump R hip up, start turning ½ L recover weight on LF, bump R hip □down whilst finishing ½ turn (9:00)  
3&4      touch LF forward bump L hip up, recover weight on RF, step LF forward bump L hip □down  
5&6      cross RF over LF, step LF back, step RF to R  
7&8&      cross LF over RF, step RF to R, cross LF behind RF, step RF to R

## [25-32] Touch 1/4 R 2x, Coaster Step Forward, Coaster Cross, Hold 3/4 L

1, 2      turn 1/4 R touch LF to L, turn 1/4 R touch LF to L (3:00)  
3&4      step LF forward, close RF next to LF, step LF behind  
5&6      step RF behind, close LF next to RF, cross RF over LF  
7&8      hold and turn slowly 3/4 L ending up at [6:00]

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