

The Sound of Billows (濤聲依舊) (zh)

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Amy Yang (TW) - 2014年10月
音乐: The Sound of Billows (濤聲依舊) - Mao Ning (毛寧)



Intro : 24 counts

Sec. 1 WALTZ BOX

1-2-3 Step LF forward, Step RF to R, Step LF together
4-5-6 Step RF back, Step LF to L, Step RF together
1-2-3 左足前踏, 右足右踏, 左足併於右足旁
4-5-6 右足後踏, 左足左踏, 右左併於左足旁

Sec. 2 TWINKLE STEP, TWINKLE 1/2 TURN R

1-2-3 Cross LF over RF, Step RF to R, Step LF in place
4-5-6 Cross RF over LF, 1/4 turn R Steping back on LF, 1/4 turn R Steping RF to R (06:00)
1-2-3 左足交叉右足前, 右足右踏, 左足交換步
4-5-6 右足交叉左足前, 右轉1/4 左足後踏, 右轉1/4右足右踏 (06:00)

Sec. 3 TWINKLE STEP, TWINKLE 1/2 TURN R

1-2-3 Cross LF over RF, Step RF to R, Step LF in place
4-5-6 Cross RF over LF, 1/4 turn R Steping back on LF, Step RF in place (09:00)
1-2-3 左足交叉右足前, 右足右踏, 左足交換步
4-5-6 右足交叉左足前, 右轉1/4 左足後踏, 右足交換步 (09:00)

Sec. 4 BASIC WALTZ FORWARD, BASIC WALTZ BACK

1-2-3 Step LF forward, Step RF together, Step LF in place
4-5-6 Step RF back, Step LF together, Stpe RF in place
1-2-3 左足前踏, 右足併於左足旁, 左足交換步
4-5-6 右足後踏, 左足併於右足旁, 右足交換步

Sec. 5 SIDE, BEHIND, RECOVER, SIDE, BEHIND, RECOVER

1-2-3 Step LF to L, Step RF behind LF, Recover onto LF (both arms up wave to L)
4-5-6 Step RF to R, Step LF behind RF, Recover onto RF (both arms up wave to R)
1-2-3 左足左踏, 右足交叉左足後, 重心回左足
4-5-6 右足右踏, 左足交叉右足後, 重心回右足

Sec. 6 1/4 TURN R SIDE, BEHIND, RECOVER, SIDE, BEHIND, RECOVER

1-2-3 1/4 turn R step LF to L, Step RF behind LF, Recover onto LF (both arms up wave to L)
(12:00)
4-5-6 Step RF to R, Step LF behind RF, Recover onto RF (both arms up wave to R)
1-2-3 右轉1/4 左足左踏, 拖右足至左足後踏, 重心回左足
4-5-6 右足右踏, 拖左足至右足後踏, 重心回右足

Sec. 7 1/4 TURN L, BASIC WALTZ BACK

1-2-3 Step forward LF turning 1/4 on ball of L, Step RF together, Step LF in place (09:00)
4-5-6 Step RF back, Step LF together, Step RF in place
1-2-3 左轉1/4左足前踏, 右足併於旁左足, 左足交換步(09:00)
4-5-6 右足後踏, 左足併於右足旁, 右足交換步

Sec. 8 1/4 TURN L, BASIC WALTZ BACK

1-2-3 Step forward LF turning 1/4 on ball of L, Step RF together, Step LF in place (06:00)
4-5-6 Step RF back, Step LF together, Step RF in place
1-2-3 左轉1/4左足前踏, 右足併於旁左足, 左足交換步 (06:00)

4-5-6 右足後踏,左足併於右足旁,右足交換步

Tags :

After wall 1, Add 6 counts tag x2 (facing 06 : 00)

After wall 2 & 5, Add 6 counts tag (facing 12:00 & 03:00)

1-2-3 Step LF forward, Turn 1/2 L step on RF, Step LF in place (facing 12:00)

4-5-6 Step RF back, Step LF together, Step RF in place

加拍:

第一面牆結束後加跳六拍2次(面向06 : 00)

第二面牆及第五面牆結束後加跳六拍(面向12:00 & 03:00)

1-2-3 左足前踏, 左後轉1/2踏右腳, 左足交換步(面向06 : 00)

4-5-6 右足後踏, 左足併於右足旁, 右足交換步 (面向12:00 & 03:00)

Restart : During wall 4, After 24 counts (facing 09:00)

重跳: 第四面牆跳完24拍後(面向09:00)

Have Fun & Happy Dancing!

Contact Amy Yang:yang43999@gmail.com
