

In Paradise

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - October 2014
音乐: Another Day In Paradise - Brandy & Ray J : (Album: Full Moon)



Intro: 32 Counts

Step Fwd, Hold & Rock Fwd, & Step Fwd, Pivot Full Turn R, Sweep Behind-Side-Cross

1-2 Step Fwd on R, Hold
&3-4 Step L Next to R, Rock Fwd on R, Recover on L
&5-6 Step R Next to L, Step Fwd on L, Pivot ½ Turn R
7 ½ Turn R Step Back on L Sweeping R from Front to Back
8&1 Step R Behind L, Step L to L Side, Cross R Over L

Side-Together-Fwd, Side-Together-Fwd, Rock Fwd, Lock Step Back

2&3 Step L to L Side, Step R Next to L, Step Fwd on L
4&5 Step R to R Side, Step L Next to R, Step Fwd on R
6-7 Rock Fwd on L, Recover on R
8&1 Step Back on L, Lock R Over L, Step Back on L

½ Turn R, Step Fwd, Anchor Step, Full Turn L, ¼ L Chasse

2-3 ½ Turn R Step Fwd on R, Step Fwd on L
4&5 Step/Rock R Behind L Heel, Recover on L, Small Step Back on R
6-7 ½ Turn L Step Fwd on L, ½ Turn L Step Back on R
8&1 ¼ Turn L Step L to L Side, Step R Next to L, Step L to L Side

Hold, & Side, Hold, & Point & Point, & Diagonal Step Fwd, Diagonal Kick-Ball-Step

2&3-4 Hold, Step R Next to L, Small Step L to L Side, Hold (option on Holds: circle hips CCW)
&5&6 Step R Next to L, Point L to L Side, Step L Next to R, Point R to R Side
&7 Step R Next to L, Step L Fwd to R Diagonal
8&1 Kick R Fwd to R Diagonal, Step R Next to L, Step L Fwd to R Diagonal

Cross, ¼ R, Chasse R, Cross, ¼ L, Shuffle 1/2 Turn L

2-3 Cross R Over L, ¼ Turn R Step Back on L
4&5 Step R to R Side, Step L Next to R, Step R to R Side
6-7 Cross L Over R, ¼ Turn L Step Back on R
8&1 Shuffle ½ Turn L Stepping L-R-L

Point, Monterey ½ R, Side Rock-Cross, Point, Monterey ¼ R, Side Rock-Cross

2-3 Point R to R Side, ½ Turn R Step R Next to L
4&5 Rock L to L Side, Recover on R, Cross L Over R
6-7 Point R to R Side, ¼ Turn R Step R Next to L
8&1 Rock L to L Side, Recover on R, Cross L Over R

Sway R-L, Chasse R, Sway L-R, Sailor ¼ Turn L

2-3 Step and Sway R to R Side, Sway L
4&5 Step R to R Side, Step L Next to R, Step and Sway R to R Side
6-7 Sway L, Sway R
8&1 Sweep and Step L Behind ¼ Turn L, Step R Next to L, Step L to L Side

Cross Rock-Side, Cross Rock, ¼ Turn L, Step Pivot ½ L, Step, Lock

2&3 Cross Rock R Over L, Recover on L, Step R to R Side

4&5 Cross Rock L Over R, Recover on R, $\frac{1}{4}$ Turn L Step Fwd on L
6-7 Step Fwd on R, Pivot $\frac{1}{2}$ Turn L
8& Step Fwd on R, Lock L Behind R (Option: Full Turn L)

Tag: After Wall 4 (12:00) Rocking Chair

1-4 Rock Fwd R, Recover on L, Rock Back on R, Recover on L

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