

I Can Make Ya

拍数: 64 墙数: 2 级数: Phrase Advanced Funky
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音乐: I Can Make Ya - Fingazz



Dance pattern, ABB ABB AB

A Pattern – 32 counts

[1-8] scuff with hitch, behind side cross, side, ball step with rock/recover, ball side step, knee pops

- 1-2 Scuff right foot forward as you hitch, step right behind left
- &3-4 step left to left, cross right over left, step left to left
- &5-6 bring right next to left, rock left to left as you lean slightly to left, Recover on right
- &7 bring left to right, step right to right side
- &8 pop right knee out, pop right knee in as you prep for a turn to the right

[9-16] Full turn, step with knee lift and arms, body turns, drop

- 1 make a full turn to right on right foot
- 2-3 step forward on left as you pick right foot , step forward on right.
(arms for this part.. as you step forward on you left, bring arms up bent at elbow extended out front, Pretend there are ropes tied to your knee and your lifting it up and then setting it back down)
- 4-5 make a 1/4 turn with upper body to left, pivot a 1/4 turn to left with lower
- 6-7 make a 1/4 turn with upper body to left, pivot a 1/4 turn to left with lower
(arms are still bent and elbow slightly extended out)
- 8 bend knees slightly and drop, setting back into right hip

[17-24] Ball cross, walks, touch, in out jumps, back touch

- &1 step together with left, cross right over left
- 2-3-4 step forward on left, step forward on right, touch left next to right
- 5&6 hop slightly both feet apart, bring feet together, hope slightly out feet apart
- 7-8 step back on right, touch left next to right

[25-32] 3/4 box glide, head and chest pops.

- 1-2 step diagonally forward on left to left, slide right foot past left and make a 1/4 turn to left as you step back on right
- 3-4 slide left foot past right as you make a 1/4 turn to left stepping left to left, make a 1/4 turn to left stepping back on right
(body should be straight up, not leaning back into the step back)
- 5-6 bring right index finger to chin and push head back slightly, bring right index finger to chest and collapse chest slightly
- 7-8 bring right index finger to chin and push head back slightly, bring right index finger to chest and collapse chest slightly.

(you should end up leaning back with all weight back on right foot)

You will end up facing the 9 o'clock wall at the end of this pattern

B Pattern – 32 counts

[1-8] Step, cross, 1/4, 1/2, Back X2, Kicks X2

- 1-2 step down on left foot as you raise right, cross right over left
- 3-4 pivot a 1/4 turn to the left, pivot a 1/2 turn back to the right weight ending on left
- 5-6 step back on right, step back on left
- 7&8 kick left foot forward on the diagonal to 10:30 as you step back on right, step on ball of left next to right, make a 1/2 turn to right as you kick left back to 4:30 wall

[9-16] step, chase turn, big step, touch, cross rock recover side with hitch X2

- 1&2 step forward on left, make a 1/2 turn to right stepping down on right, step forward on left
3-4 take a big step diagonally forward on right , touch right next to left as you square up to 12:00 wall
5&6 cross rock left over right, recover on right, step together with left as you hitch right up as you make an 1/4 of a turn to the left
(when hitched you should be to the 9 O'clock wall)
7&8 cross rock right over left, recover on left, step together with right as you hitch up left

[17-24] back, drop, forward raise, ball step, cross, back, jump back together

- 1-2 step left to left as you start to drop down and to the left, drop further
3-4 raise back up to right for these 2 counts as you shift weight to right
&5 bring left to right, step forward on right as you make a 1/4 turn to right
6-7-8 cross left over right, step back on right, hop back feet together

[25-32] side step, heel pop, ball cross, side, 1/2 turn with arm pops

- 1&2 step right to right, pop right heel out, pop right heel in
&3-4 bring left into right, cross right over left, step left to left side
5& make a 1/2 turn over right stepping right to right side as you bring arms up bent at elbows in front with left arm on top of right with body slightly angled to the right, open arms apart.. left up, right down
6& bring arms back together, extend right arm out straitening elbow
7&8 turn body a 1/4 turn to left, bend right arm so that right hand comes up keeping left hand inside right elbow, drop right elbow down until right wrist reaches left hand.....
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