

Fallin'

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Travis Taylor (AUS) - September 2014
音乐: Fallin' - Alicia Keys : (iTunes - 3:27)



Intro: Start dance on the word "out" - I keep on fallin' / In and out of love

FWD SWEEP, CROSS, BACK, 1/4L, 1/4R, 1/2R, 1/4R SIDE ROCK, BEHIND, SIDE, CROSS, 1/2R HINGE

1 Step R FWD while Sweeping L around
2a3 Cross L over R, Step R slightly back, 1/4L step L to L sway hips L (9:00)
4a5 1/4R Step R FWD, 1/2R step L back, 1/4R rock R to R (9:00)
6 Replace wt on L whilst dragging R towards L
7&a Step R behind L, Step L to L, Cross R over L
8 Step L to L side whilst hinging 1/2R (3:00)

SIDE, CROSS ROCK & CROSS ROCK, 1/4R, FWD, 1/2R PIVOT, STEP LOCK STEP

1-2a Big step R to R dragging L, Cross Rock L over R, Replace wt on R
3-4a Big Step L to L dragging R, Cross Rock R over L, Replace wt on L
5-6-7 1/4R step R FWD, Step L FWD, 1/2R Pivot wt on R (12:00)
8&a Step L FWD, Lock R behind L, Step L FWD

FWD ROCK, 1/2R, FWD ROCK, 1/4L, WALK, WALK, FWD HOLD, BACK, 1/2R, 1/2

1-2a Rock R FWD, Replace wt on L, 1/2R step R FWD (6:00)
3-4a Rock L FWD, Replace wt on R, 1/4L step L slightly to L (3:00)
5-6 Prissy Walk R, Prissy Walk L (slightly crossed)
7& Step R FWD, HOLD
8&a Step/Replace weight on L, 1/2R Step R FWD, 1/2R Step L back (3:00)

1/4R LUNGE, 1/4L SWEEP, CROSS, SIDE, BEHIND, 1/4L, FWD, 1/2L PIVOT, FWD, 1/2R, BACK, BACK, 1/2R, FWD

1-2 1/4R lunge R to R, 1/4L Replace wt on L whilst sweeping R around (3:00)
3a4a Cross R over L, Step L to L, Step R behind L, 1/4L step L FWD (12:00)
5-6 Step R FWD, 1/2L Pivot wt on L (6:00)
7&a Step R FWD, 1/2R step L together, Step R slightly back (12:00)
8&a Step L back, 1/2R step R FWD, Step L slightly FWD (6:00)

REPEAT

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