

Cecilia

拍数: 32 墙数: 4 级数: Improver
编舞者: Willie Brown (SCO) & Heather Barton (SCO) - October 2014
音乐: Oh Cecilia (Breaking My Heart) (feat. Shawn Mendes) - The Vamps



#16 count intro

[1-8] □ Walk, Walk, Left side mambo, Walk, Walk, Right side mambo touch

1, 2 Walk forward Left, Right
3&4 Rock Left out to left side, recover onto Right, step Left slightly fwd
5, 6 Walk forward Right, Left
7&8 Rock Right out to right side, recover onto Left, touch Right next to Left

[9-16] Bump back Right Left Right, Left Right Left, Sailor ¼ turn Right, Kick ball step

1&2 Step Right back bumping hips back on Right, bump hips forward on Left, bump hips back on Right, taking weight onto Right
3&4 Step Left back, bumping hips back on Left, bump hips forward on Right, bump hips back on Left, taking weight onto Left
5&6 Step Right behind Left, ¼ turn to right stepping Left to left side, step Right to right side
7&8 Kick Left diagonally to left, step on ball of Left, step Right to right side

**** Restart here on walls 4 & 8 (both Restarts facing front wall)

[17-24] Left behind side cross, Tap right out in out, Sailor ¼ turn right, step ½ turn Right, step

1&2 Step Left behind Right, step Right to right side, cross step Left in front of Right
3&4 Tap Right foot out to right side, tap Right foot next to Left, tap Right foot out to right side
5&6 Step Right behind Left, ¼ turn to right stepping Left to left side, step Right to right side
7&8 Step forward on Left, ½ turn right stepping onto Right, step forward on Left

[25-32] Right bump and step, Left bump and step, Cross rock side rock, Jazz ¼ turn right

1&2 Bump Right to right side, recover onto Left, step Right slightly forward
3&4 Bump Left to left side, recover onto Right, step Left slightly forward
5&6& Cross rock Right over Left, recover onto Left, side rock to right side, recover on left
7&8 Cross right over Left, ¼ turn right stepping Left back, step right forward

*** Restarts on walls 4 & 8 at count 16.

Ending... you will be facing back wall, Dance the first 12 counts then change the sailor ¼ turn to a sailor ½ turn then finish with the kick ball side ... Ta Da ... happy dancing

Note from Heather: Thanks Willie for asking me to do this with you □

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