

Shake It Off Easy

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Joey Prieur (CAN) - October 2014
音乐: Shake It Off - Taylor Swift



#16 count intro 14 sec (Start on 5th word LATE)

STEP RIGHT, TOUCH, STEP LEFT, TOUCH, RUMBA FORWARD, TOUCH

1-2 Step right to right, touch left next to right
3-4 Step left to left, touch right next to left
5-6 Step right to right, step left next to right
7-8 Step right forward, touch left next to right

STEP LEFT, TOUCH, STEP RIGHT, TOUCH, VINE TO LEFT WITH ¼ TURN, SCUFF RIGHT

1-2 Step left to left, touch right next to left
3-4 Step right to right, touch left next to right
5-6 Step left to left, step right behind right
7-8 Step left with ¼ turn to left, scuff right next to right (9:00)

ROCKING CHAIR, 2 TOE STRUTS

1-2 Rock right forward, recover on left
3-4 Rock right backward, recover on left
5-6 Step right toe forward, step right heel down
7-8 Step left toe forward, step left heel down

ROCKING CHAIR, STEP FORWARD, HOLD, PIVOT ¼ TURN LEFT, HOLD

1-2 Rock right forward, recover on left
3-4 Rock right backward, recover on left
5-6 Step right forward, hold
7-8 Step left with ¼ turn left, hold (weight on left) (6:00)

**TAG: 8 COUNT TAG: Music stops for 4 counts after rap section, then beat recovers for 4 counts.
Just shake it all over during these 8 counts.
Restart after these 8 counts.**

Repeat and enjoy!

Contact: Joey Prieur, Cornwall, ON Canada - joeyprieur@gmail.com