Down In The Islands

拍数: 32

级数: Beginner

编舞者: David Linger (FR) - September 2014

音乐: Island Song - Zac Brown Band : (Album : Uncaged, track 5)

Start of the dance : after 4x8 counts, on the lyrics at 14 seconds...

« Can anybody here pass me a beer And I'mma keep playing this music that you hear And if you know the song, then come and sing along with me Walking with the beach to my left, sea to my right And I'mma get faded at the Tiki bar tonight Then I'mma roll one up, like my name is Bob Yeah I'm gonna party like I'm a Jamaican

If you really wanna know where you can find me

I'll be unwinding

Down in the islands, down in the islands

You should loose track of your timing

Grab a drink beside me

Down in the islands, down in the islands ... »

3 Side Steps to the Left, Hold, 3 Side Steps to the Right, Hold

- 1 3 L step to the left, R step close to L, L step to the left
- 4 Hold
- 5 7 R step to the right, L step close to R, R step to the right
- 8 Hold

Sways with Hold, 3 Steps Forward, Hold

- 1 2 Feet apart, transfer the weight of the body on L, hold
- 3 4Transfer the weight of the body on R, hold

Option : L step on place, touch (tap) R close to L, R step to the right, touch (tap) L close to R

- 5 7 3 steps (L-R-L) forward (like running)
- 8 Hold

Step, Touch, Step, Kick, 3 Steps Backward, Hold

- R step forward, touch (tap) L behind R 1 - 2
- 3 4L step backward, R kick D forward
- 5 73 steps (R-L-R) backward (like running)
- 8 Hold

Step, Kick, Step, Kick, 4 Steps on Place with 1/2 Turn Left

- 1 2 L step to the left, R kick in left diagonal
- 3 4R step to the left, L kick in right diagonal
- 5 8 4 steps (L-R-L-R) on place with ½ progressive turn to the left (6:00)

Final : Dance the last 4 counts slowly to make a progressive complete turn to face 12:00

Especially created for the first students of BREIZH LINE DANCE Keep going on this Reggae song... Peace Cowboys, Peace Cowgirls !!! ;-D

BE COOL, SMILE & HAVE FUN !!!

Contact: www.davycountryboy.com Translation uploaded by the choreographer, october, 5th, 2014





墙数:2