

Years Gone By (流水年華) (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Amy Yang (TW) - 2014年09月
音乐: Liu Sui Nian Hua (流水年華) - Liu Wen Zheng (劉文正)



Intro : 16 counts

Sec. 1 SIDE, BEHIND, SIDE, CROSS, SIDE, TOGETHER, SIDE, TOUCH

1 - 4 Step RF to R, Step LF behind RF, Step RF to R, Cross LF over RF
5 - 8 Step RF to R, Step LF together, Step RF to R, Touch LF beside RF
1 - 4 右足右踏, 左足交叉右足後, 右足右踏, 左足交叉右足前
5 - 8 右足右踏, 左足併於右足旁, 右足右踏, 左足點收於右足旁

Sec. 2 SIDE, BEHIND, SIDE, CROSS, SIDE, TOGETHER, SIDE, TOUCH

1 - 4 Step LF to L, Step RF behind LF, Step LF to LR, Cross RF over LF
5 - 8 Step LF to L, Step RF together, Step LF to L, Touch RF beside LF
1 - 4 右足右踏, 左足交叉右足後, 右足右踏, 左足交叉右足前
5 - 8 右足右踏, 左足併於右足旁, 右足右踏, 左足點收於右足旁

Sec. 3 STEP LOCK FORWARD (R & L)

1 - 2, 3 & 4 Step RF forward, Lock LF behind RF, Step RF forward, Lock LF behind RF, Step RF forward
5 - 6, 7 & 8 Step LF forward, Lock RF behind LF, Step LF forward, Lock RF behind LF, Step LF forward
1 - 2, 3 & 4 右足前踏, 左足鎖於右足後, 右足前踏, 左足鎖於右足後, 右足前踏
5 - 6, 7 & 8 左足前踏, 右足鎖於左足後, 左足前踏, 右足鎖於左足後, 左足前踏

Sec.4 FORWARD, TURN 1/4 L, CROSS, HOLD, SIDE, RECOVER, CROSS, HOLD

1 - 4 Step RF forward, Turn 1/4 L step on LF, Cross RF over LF, Hold(09:00)
5 - 8 Rock LF to L, Recover onto RF, Cross LF over RF, Hold
1 - 4 右足前踏, 左轉1/4左足踏, 右足交叉左足前, 停拍(09:00)
5 - 8 左足左踏, 重心回右足, 左足交叉右足前, 停拍

Sec.5 SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, HOLD

1 - 4 Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF
5 - 8 Step RF to R, Step LF together, Step RF forward, Hold
1 - 4 右足右踏, 左足點收於右足旁, 左足左踏, 右足點收於左足旁
5 - 8 右足右踏, 左足併於右足旁, 右足前踏, 停拍

Sec.6 SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, BACK, TOUCH

1 - 4 Step LF to L, Touch RF beside LF, Step RF to R, Touch LF beside RF
5 - 8 Step LF to L, Step RF together, Step LF back, Touch RF beside LF
1 - 4 左足左踏, 右足點收於左足旁, 右足右踏, 左足點收於右足旁
5 - 8 左足左踏, 右足併於左足旁, 左足後踏, 右足點收於左足旁

Sec.7 1/4 MONTEREY TURN. X2

1 - 4 Point RF toe to R, 1/4 turn R step RF together, Point LF toe to L, Step LF together(12:00)
5 - 8 Point RF toe to R, 1/4 turn R step RF together, Point LF toe to L, Step LF together(03:00)
1 - 4 右足足尖右側點, 右轉1/4右足併於左足旁, 左足足尖左側點, 左足併於右足旁(12:00)
5 - 8 右足足尖右側點, 右轉1/4右足併於左足旁, 左足足尖左側點, 左足併於右足旁(03:00)

Sec.8. FORWARD TOE STRUT, X4

1 - 4 Touch RF toe forward, Step RF heel down, Touch LF toe forward, Step LF heel down
5 - 8 Touch RF toe forward, Step RF heel down, Touch LF toe forward, Step LF heel down
1 - 4 右足足尖前點, 右足腳跟踏下, 左足足尖前點, 左足腳跟踏下

5 - 8 右足足尖前點, 右足腳跟踏下, 左足足尖前點, 左足腳跟踏下

Tags 1 : During wall 3 & 6 - after 32 counts, Add 4 counts tag (facing 03:00 & 09:00)

加拍: 第三面牆及第六面牆跳完32拍後,加 4 拍(面向03 : 00 & 09 : 00)

1 - 4 Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF

1 - 4 右足右踏, 左足點收於右足旁, 左足左踏, 右足點收於左足旁

Tag 2 : After wall 4, Add 8 counts tag (facing 06 : 00), then restart the dance again

1 - 4 Step RF forward, Turn 1/2 L step on LF, Step RF forward, Turn 1/4 L step on LF(facing 09:00)

5 - 8 Sway hip R, L, R, L

加拍: 第四面牆結束後加跳八拍(面向6:00)

1 - 4 右足前踏, 左後轉1/2, 右足前踏, 左轉1/4 (面向09:00)

5 - 8 搖擺右臀、左臀、右臀、左臀

Have Fun & Happy Dancing!

Contact Amy Yang:yang43999@gmail.com
