

# Just Lay Low Josh

**COPPER** **NOB**  
BY STEPHEN

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Roz Chaplin (UK) - October 2014  
音乐: Lay Low - Josh Turner : (Single)



**Starts on Vocals: 48 Counts**

## **SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, CROSS SHUFFLE**

1-2            Rock right to right side, recover onto left  
3&4           Cross right behind left, step left to left side, cross right over left  
5-6           Rock left to left side, recover onto right  
7&8           Cross left over right, step right to right side, cross left over right

## **½ TURN LEFT, SIDE, TOUCH, POINT, RIGHT SAILOR STEP, LEFT SAILOR STEP**

1-2            Make ¼ turn left stepping back on right, ¼ turn left stepping left to left side (6)  
3-4            Touch right beside left, point right to right side  
5&6           Cross right behind left, step left to left side, step right to right side  
7&8           Cross left behind right, step right to right side, step left to left side

## **JAZZ BOX, CROSS, SIDE, TOUCH, SIDE, TOUCH**

1-4            Cross right over left, step back on left, step right to right side, cross left over right

### **Restart Here on Wall 5**

5-8            Step right to right side, touch left beside right, step left to left side, touch right beside left

## **STEP PIVOT ½ TURN, SHUFFLE FORWARD, FULL TURN (Travelling Forward), STEP, DRAG**

1-2            Step forward on right, pivot ½ turn left (12)  
3&4            Step forward on right, close left beside right, step right beside forward  
5-6            Make ½ turn right stepping back on left, ½ turn right stepping forward on right (6)  
7-8            Step forward on left, drag right to left

## **CROSS, POINT, SAILOR ¼ TURN, STEP PIVOT ½ TURN, TRIPLE FULL TURN**

1-2            Cross right over left, point left to left side  
3&4            Make ¼ turn left crossing left behind right, (9) step right to right side, step left beside right  
5-6            Step right forward, pivot ½ turn left (3)  
7&8            Triple step full turn left stepping – right, left, right

**Easy Option : 7&8 Shuffle forward stepping- right, left, right**

## **KICK, STOMP, HEEL SWIVELS X2**

1-4            Kick left forward, stomp left beside right, swivel both heels to left side, swivel heels in place  
5-8            Kick right forward, stomp right beside left, swivel both heels to right, swivel heels in place  
(Weight on left)

### **Restart Here Wall 2**

## **RIGHT CHASSE, CROSS ROCK, LEFT CHASSE, BACK ROCK**

1&2            Step right to right side, close left beside right, step right to right side  
3-4            Cross rock left over right, recover onto right  
5&6            Step left to left side, close right beside left, step left to left side  
7-8            Rock back right behind left, recover onto left

## **STEP, HITCH, COASTER STEP, STEP, SCUFF, FORWARD SHUFFLE**

1-2            Step forward on right, hitch left knee  
3&4            Step back on left, step right beside left, step forward left  
5-6            Step forward on right, scuff left gently forward

7&8

Step forward on left, close right beside left, step forward on left

**START AGAIN**

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