

# Me And You Back At Mama's

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver / Intermediate  
编舞者: Séverine Fillion (FR) - September 2014  
音乐: "Meanwhile Back At Mama's" by Tim McGraw & Faith Hill



## [1-8] STEP FWD, TOUCH, BACK, TOUCH, COASTER STEP, STEP LOCK STEP, FULL TURN

1&      Right step fwd, touch left next to right  
2&      Left step back, touch right next to left  
3&4      Right step back, left next to right, right step fwd  
5&6      Left step fwd, « lock » right cross behind left, left step fwd  
7-8      ½ turn left stepping right back, ½ turn left stepping left fwd

## [9-16] MAMBO FWD, COASTER STEP, STEP 1/4 TURN CROSS, 1/4 TURN X 2 & CROSS

1&2      Rock on right fwd, recover on left, right step back  
3&4      Left step back, right next to left, left step fwd  
5&6      Right step fwd, ¼ turn left, right cross over left 9 :00  
7&8      ¼ turn right stepping left back, ¼ turn right stepping right to right, left cross over right 3 :00

## [17-24] POINT, TOUCH, HEEL, HOOK, STEP LOCK STEP, ROCKING CHAIR, STEP 1/2 TURN STEP

1&      Point right toe to right side, touch right next to left  
2&      Touch right heel fwd, Hook right cross over left leg  
3&4      Right step fwd, « lock » left cross behind right, right step fwd  
5&6&      Rock on left fwd, recover on right, rock back on left, recover on right  
7&8      Left step fwd, ½ turn right (weight on right), left step next to right 9 :00

## [25-32] R TOE HEEL SWIVEL, SCUFF, STEP LOCK STEP, (1/2 TURN, HOOK) X 2, TOE STRUT x 2

1&2      Swivel right toe to the right, right heel to the right, right toe to the right  
&      Scuff left next to right  
3&4      Left step fwd, « lock » right cross behind left, left step fwd  
5&      ½ turn left stepping right back, Hook left cross behind right leg  
6&      ½ turn left stepping left fwd, Hook right cross behind left leg  
7&      Toe strut right fwd  
8&      Toe strut left fwd

Start again and enjoy !

**TAG : At the end of first wall only (at 9 :00), add this 16 counts :**

### [1-8] ROLLING VINE SHUFFLE, SAILOR STEP (LEFT & RIGHT)

1-2      ¼ turn right and right step fwd, ½ turn right and left step back  
3&4      ¼ turn right and triple step right – left – right to right side  
5&6      Left cross behind right, right to right, left to left  
7&8      Right cross behind left, left to left, right to right

### [9-16] ROLLING VINE SHUFFLE, SAILOR STEP (RIGHT & LEFT)

1-2      ¼ turn left and left step fwd, ½ turn left and right step back  
3&4      ¼ turn left and triple step left – right – left to left side  
5&6      Right cross behind left, left to left, right to right  
7&8      Left cross behind right, right to right, left to left

**ATTENTION : At the ends of walls 3, 6 and 7, the music stops a few seconds,  
Restart the dance with the music.**

