

# Tina

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: Judith Kennedy (UK) - 2014  
音乐: T.I.N.A. (feat. Angel) - Fuse ODG



Intro: (&)32 beats (Start after 'You're my ...')

**[1-8] □CROSS, SIDE, SAILOR WITH ¼ TURN, WALK X 3, OUT, OUT**

1-2            Cross right over left, step left to left  
3&4           Step R behind L (&) Make 1/4 turn R stepping L to L, Step R to R (3)  
5-6            Walk forward left, right  
7&8            Walk forward left, step or jump R out to R, step or jump L out to L

**[9-16] ROCKING CHAIR; STEP RIGHT, CLOSE, RIGHT CLOSE RIGHT**

1-2            Rock forward onto right, recover onto left  
3-4            Rock back onto right, recover onto left  
5-6            Step right to right, close left to right  
7&8            Step right to right, close left to right, step right to right

•□Styling option: For steps 5-8 employ Mambo hips

**[17-24]ROCK, RECOVER, SHUFFLE, SHUFFLE, COASTER**

1-2            Rock forward on left, recover onto right  
3&4            Shuffle (L, R, L) half turn left, travelling forward (9)  
5&6            Shuffle (R, L, R) half turn left, travelling back (3)  
7&8            Step back onto left, step right beside left, step forward on left

•□Easy option: for steps 3&4, 5&6 just do a left & right shuffle back

**[25-32] CROSS, TOUCH OUT X 2, TOUCH, TOUCH, TOUCH, FLICK**

1-2            Cross right over left; touch left out to left side  
3-4            Cross left over right, touch right out to right side  
5-6            Touch R toe fwd, slightly across front of left, touch R toe out to R  
7-8            Touch R toe fwd, slightly across front of left, flick right back

•□Styling option: Flick with attitude, rising onto ball of left foot, extending left arm & looking back right, if desired.

Begin again & have a great time, love, Judith x

Thank you, Arthur for finding this fun music

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Last Update - 6th October 2014