Sea of Joy



编舞者: KH Loh (MY) - October 2014

音乐: (Huan Le De Hai Yang) A sea of Joy by Tashi Nyima



Intro: □8 counts □

Sequence : Intro, 64,64,Tag,32,64,64,Tag (Ending)□□□□

Sec 1: \Box L KICK DIAGONALLY R & L, BEHIND, SIDE, CROSS, R KICK DIAGONALLY L & R, BEHIND, SIDE, CROSS.

1 2 L Kick Diagonally R, Kick Diagonally L

3&4 L Cross Behind R, Step R next to L, Cross L over R

5 6 R Kick Diagonally L, Kick Diagonally R

7&8 R Cross Behind L, Step L next to R, Cross R over L

Sec 2: ☐TRIPLE ½ TURN R, ROCK BACK, RECOVER, SHUFFLE RIGHT, ROCK BACK, RECOVER

1&2 Step L to ¼ turn R, Step R next to L. Step L back with ¼ turn R (6:00)

3 4 Rock Back on R, Recover on L

5&6 Shuffle R – RLR

7 8 Rock Back on L, Recover on R

Sec 3: Mirror Sec 1 D D D D D D

Sec 4: ☐ Mirror Sec 2 (12:00) ☐ ☐ ☐ ☐ ☐ ☐

Sec 5:□WALK FWD L, SWEEP R FROM BACK TO FRONT, TOUCH R ACROSS L, STEP R FWD, L & R HEEL SWITCHES

1 2 Walk Fwd L, Sweep R from back to front,

3 4 Point R Toe across L, Step R Fwd,.

5&6& Step L Heel Fwd, Step L Back, Step R Heel Fwd, Step R Back

7&8 Step L Heel Fwd, Step L Back, Step R Heel Fwd

Sec 6: SHUFFLE 1/4 TURN R, FWD ROCK, RECOVER, BACK SHUFFLE X 2. (3:00)

1&2 Shuffle R with making 1/4 turn Right – RLR

3 4 Rock Fwd on L, Recover on R

5&6 Shuffle Backward - LRL7&8 Shuffle Backward - RLR

Sec 7:□L POINT L, CROSS L BEHIND R & ACROSS R OVER L, SHUFFLE LEFT, SHUFFLE 1/2 TURN RIGHT, LEFT KICK BALL STEP (9:00)

Point L Toe to L (3/4c), Cross L behind R (1/4c) and Across R over L (Wt. on R)

3&4 Shuffle Left – LRL,

5&6 Shuffle 1/2 turn Right – RLR (9:00) 7&8 Kick L Fwd, Step Back L, Step R Fwd.

Sec 8: □CHICKEN WALK L-R-L-R, FORWARD SHUFFLE TWICE

1 Walk L Fwd, turning hips & shoulders to the left

2 Walk R Fwd, turning hips & shoulders to the right

Repeat 1
Repeat 2

5&6 Shuffle Fwd diagonally L - LRL

7&8 Shuffle Fwd diagonally R - RLR

Start again.□□
Restart: Wall 3 dance 32 counts & Restart Wall 4 at 6:00□□□□
Intro & Wall 3 - dance the following 32 counts \square (Scene of warmest welcome of guests with joy and dance) \square \square \square
Sec 1:□SIDE, CROSS, SIDE, HOOK IN, SIDE, CROSS, SIDE, HOOK IN□□□ 1 2 Step L to L, Cross R over L 3 4 Step L to L, Hook R / Heel Touch (in front of left) 5 6 Step R to R, Cross L over R, 7 8 Step R to R, Hook L / Heel Touch (in front of right)
Sec 2: STEP, HOOK (X4) DDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDD
Sec 3:□SIDE, CROSS, SIDE, HOOK IN, SIDE, CROSS, SIDE, HOOK IN□□□ Mirror Sec 1□□□□□□□□
Sec 4: STEP, HOLD (X4) DDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDDD
TAG (16 counts) End of Wall 2 facing 6:00□□□□□ End of Wall 5 facing 12:00 (Ending)□□□□ (Scene of the Strength and Power of the Mongolian)□□□□□□□ Sec 1:□SIDE L, HOLD, BEHIND, HOLD, RECOVER, HOLD, SIDE R, TOUCH.□□□
1-2 Step L to L, Hold
3-4 Step R Behind L, Hold
5-6 Recover on L, Hold 7 8 Step R to R, Touch L next to R
Sec 2: SIDE L, HOLD, ARCROSS R OVER L, HOLD, SIDE L, HOLD, TOGETHER, HOLD. Step L to L, Hold 1-2 Step L to L, Hold 3-4 Cross R In Front of L, Hold 5-6 Step L to L, Hold
7-8 Step R next to L, Hold
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(Specially thanks to Candy Tan to suggest some precious advice to enhance this dance)