

Cowboy Guarantee (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - 2011年01月
音乐: Cowboy Guarantee - Jessica Andrews : (CD: Now)



前奏 : Intro: 16 counts 16拍後起跳

第一段 Syncopated Jazz Box-Cross, Side, Behind, Kick-ball-Cross, Side Rock, ¼ Turn L

- 1-2& Cross R Over L, Step Back on L, Step R to Right Side
右足於左足前交叉踏, 左足後踏, 右足右踏
- 3-4 Cross L Over R, Step R to Right Side
左足於右足前交叉踏, 右足右踏
- 5 Step L Behind R 左足於右足後踏
- 6&7 Kick R to Right Diagonal, Step on Ball of R Next to L, Cross L Over R 右足右斜角前踢, 右足併踏, 左足於右足前交叉踏
- 8-1 Rock R to Right Side, Recover on L with ¼ Turn Left (9:00)
右足右下, 左轉90度左足回復(面向9點鐘)

第二段 Diagonal Lock Step Fwd, Full Turn R, Rock/Lunge Fwd, ½ Turn L

- 2&3 Step R Fwd to Left Diagonal, Lock L Behind R, Step R Fwd to Left Diagonal (7:30) 右足左斜角前踏, 左足於右足後鎖踏, 右足左斜角前踏(面向7:30)
- 4-5 ½ Turn Right Step Back on L, ½ Turn Right Step Fwd on R (Still on Diagonal) 右轉180度左足後踏, 右轉180度右足前踏(仍面向斜角)
- 6-7 Rock/Lunge Fwd on L, Recover on R (Still on Diagonal)
左足前下沉, 右足回復(仍面向斜角)
- 8 ½ Turn L Stepping Fwd on L to opposite Left Diagonal (1:30)
左轉180度左足前踏至另一方向的左斜角(面向1:30)

***RESTART Point Wall 2 and 5

AFTER count 16 on wall 2 (Straighten Up to 6:00) and wall 5 (Straighten Up to 3:00)

跳至此, 第二面牆(轉正面向6點鐘)及第五面牆(轉正面向3點鐘), 從頭起跳

第三段 Step Fwd, Side Rock Cross, Point, Monterey ½ Turn R, Side Rock Cross, Point

- 1 Step Fwd on R (Straighten Up to 3:00 wall)
右足前踏(轉正面向3點鐘)
- 2&3 Rock L to Left Side, Recover on R, Cross L Over R
左足左下沉, 右足回復, 左足於右足前交叉踏
- 4-5 Point R to Right Side, ½ Monterey Turn Right Stepping R Next to L (9:00) (蒙特瑞轉)右足右點, 右轉180度右足併踏(面向9點鐘)
- 6&7 Rock L to Left Side, Recover on R, Cross L Over R
左足左下沉, 右足回復, 左足於右足前交叉踏
- 8 Point R to Right Side 右足右點

***RESTART Point Wall 7 (3:00) 第七面牆跳至此面向3點鐘, 從頭起跳

第四段 Cross Rock, & Cross Rock, & Walk, Walk, Pivot ½ Turn L

- 1-2& Cross Rock R Over L, Recover on L, Step R next to L
右足於左足前交叉下沉, 左足回復, 右足併踏
- 3-4& Cross Rock L Over R, Recover on R, Step L Next to R
左足於右足交叉下沉, 右足回復, 左足併踏
- 5-6 Step Fwd on R, Step Fwd on L 右足前踏, 左足前踏
- 7-8 Step Fwd on R, Pivot ½ Turn Left (3:00)
右足前踏, 左軸轉180度(面向3點鐘)

第五段 Side, Drag, & Step Fwd, ½ Turn R, ¼ Turn R Side, Drag, & Cross Rock Fwd

- 1-2& Step R Long Step to Right Side, Drag L to R, Step L Next to R
右足右一大步, 左足拖併, 左足併踏
- 3-4 Step Fwd on R, ½ Turn Right Step Back on L (9:00)
右足前踏, 右轉180度左足後踏(面向9點鐘)
- 5-6& ¼ Turn Right Step R Long Step to Right Side, Drag L to R, Step L Next to R (12:00)
右轉90度右足右一大步, 左足拖併, 左足併踏(面向12點鐘)
- 7-8 Cross Rock R Over L, Recover on L 右足於左足前交叉下沉, 左足回復

第六段 Side Rock, Step Back, Touch, Step Fwd, Hold, & ¼ Turn L, Cross, Side

- 1-2 Rock R to Right Side, Recover on L 右足右下沉, 左足回復
- 3-4 Step Back on R, Cross Touch L Toe Over R
右足後踏, 左足趾於右足前交叉點
- 5-6 Step Fwd on L, Hold 左足前踏, 候
- 8&7-8 ¼ Turn L Step on Ball of R to Right Side, Cross L Over R, Step R to Right Side (9:00)
左轉90度右足右踏, 左足於右足前交叉踏, 右足右踏(面向9點鐘)

第七段 Rock Back, Side, Together, Step Fwd, Lock Step Fwd, Rock Fwd

- 1-2 Rock Back on L, Recover on R 左足後下沉, 右足回復
- 3-4 Step L to Left Side, Step R Next to L
左足左踏, 右足併踏
- 5 Step Fwd on L 左足前踏
- 6&7 Step Fwd on R, Lock L Behind R, Step Fwd on R
右足前踏, 左足於右足後鎖踏, 右足前踏
- 8-1 Rock Fwd on L, Recover on R 左足前下沉, 右足回復

第八段 Rock Back, Pivot ½ Turn R, Step Fwd, Full Turn L

- 2-3 Rock Back on L, Recover on R 左足後下沉, 右足回復
- 4-6 Step Fwd on L, Pivot ½ Turn Right, Step Fwd on L (3:00)
左足前踏, 右軸轉180度, 左足前踏(面向3點鐘)
- 7-8 ½ Turn Left Step Back on R, ½ Turn Left Step Fwd on L (3:00)
左轉180度右足後踏, 左轉180度左足前踏(面向3點鐘)

RESTARTS: (they OCCURS everytime she sings: "He was wild..." count 1 will be on the word "wild") 每次唱到“He was wild...”時就從頭起跳, wild剛好都在第一段的第1拍
