

# You Ruin Me

COPPERKNOB  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Alison Johnstone (AUS) & Travis Taylor (AUS) - September 2014  
音乐: You Ruin Me - The Veronicas : (iTunes)



**Restarts: 4 Restarts see below, Walls 1, 2, 5, 6 Easily heard in the music - 1st twice you dance to the 12 O'clock and 3 O'clock walls – I.E. Your Restarts are facing walls 3 and 6 on both occasions (Restart Walls 1 and 5 facing 3.00, Restarts 2 and 5 facing 6.00)**

**Start: Starts 8 counts into music**

## **STEP DRAG, STEP DRAG, BALL STEP, PIVOT 1/4 CROSS (9.00)**

1-2                      Long Step R fwd dragging L towards R over 2 Counts  
3-4                      Long Step L fwd dragging R towards L over 2 Counts  
&5                      (Ball Step) Step R ball next to L, Step L fwd  
6-7-8                      Step R fwd, 1/4 L Pivot weight on L, Cross R over L

## **STEP DRAG, BEHIND, SIDE, CROSS ROCK, RECOVER, BALL, CROSS, SIDE**

1-2                      Long Step L Side dragging R towards L over 2 counts  
3-4                      Step R behind L, Step L Side  
5-6                      Cross Rock R over L, Recover L  
&7-8                      (Ball Step) Step R ball next to L, Cross L over R, Step R to side

## **STEP BACK SWEEP, STEP BACK SWEEP, BEHIND SIDE CROSS, 1/4, 1/2 (12.00)**

1-2                      Step back on L Sweeping R front to back over 2 Counts  
3-4                      Step Back on R Sweeping L front to back over 2 Counts  
5&6                      Step L behind R, Step R to R side, Cross L over R  
7-8                      1/4 L Step R back, 1/2 L Step L fwd

## **1/4 LUNGE STEP/HOLD, 1/2 TURN/HOLD, BALL STEP, CROSS, SIDE, TOUCH BEHOND, 1/2 UNWIND (9.00)**

1-2                      1/4 L Lunge/Step R to R side, Hold for count 2 (prep upper body for turn over R shoulder (prep body overturn L) (9.00)  
3-4                      Replace weight on L whilst making 1/2 R while dragging your R together over 2 counts (weights still on L) (3.00)

**\*\* Restart here Walls 1, 2, 5, 6 Easily heard in the music - 1st twice you dance to the 12 O'clock and 3 O'clock walls –**

**I.E. Your Restarts are facing walls 3 and 6 on both occasions (Restart Walls 1 and 5 facing 3.00, Restarts 2 and 5 facing 6.00)\*\*\***

&5-6                      Step R ball next to L, Cross L over R, Step R to R side  
7-8                      Touch L behind R, 1/2 Unwind weight on L (9.00)

**\*\*\*Ending: Dance to end of wall 10 and replace the final Cross Unwind 1/2 with a Cross Unwind 3/4 to Face Front Long Step Forward Right....tada \*\*\***

**\*\*\* Wall 9 is the only time you will ever start this dance facing 9 O'clock)\*\*\***

## **START AGAIN**

This is a fantastic track. The Restarts are easy to hear with the music and to execute.  
We hope you enjoy our dance

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