

Bossamoré

拍数: 64 墙数: 2 级数: Improver / Intermediate
编舞者: Gordon Timms (UK) - September 2014
音乐: The More I See You - Eliane Elias : (Album: Bossanova Stories)



Introduction: 16 Counts Instrumental Start on the vocals....on the word "SEE" ONE RESTART

Because this is a BOSSANOVA rhythm... there are a lot of HOLDS!

BASIC HALF LEFT RUMBA BOX – BASIC HALF RIGHT RUMBA BOX

1-2 Step Left to Left side, Close Right beside Left
3-4 Step Left forward; Hold
5-6 Step Right to Right side, Close Left beside Right
7-8 Step Right back; Hold [Faces 12.00]

LEFT SIDE CHASSE, – CROSS ROCK, RECOVER, LONG STEP RIGHT AND TOUCH

1-2 Step Left to Left side, Close Right beside Left
3-4 Step Left to Left side. Hold
5-6 Cross rock Right over Left, Recover on to Left.
7-8 Take a long step Right with Right, TOUCH Left next to Right. No Hold Faces 12.00

SIDE ROCK RECOVER, STEP BEHIND, - SIDE ROCK RECOVER, STEP BEHIND

1-2 Step Left to Left side, recover on to Right.
3-4 Step Left behind Right. Hold
5-6 Step Right to Right side, recover on to Left
7-8 Step Right behind Left. Hold [Faces 12.00]

SCISSOR STEP, HOLD, ¼ TURN LEFT, LONG STEP LEFT SIDE, TOUCH AND HOLD

1-2 Step Left to Left side, Drag Right up and close with Left.
3-4 Cross step Left in front of Right: Hold
5-6 Turn ¼ Left stepping Right back, Step a LONG step Left to Left side.
7-8 TOUCH Right to Left instep, Hold for one count. (Weight on Left)[Faces 9.00]

BASIC RIGHT RUMBA BOX – GOING BACKWARD

1-2 Step Right to Right side, Close Left next to Right.
3-4 Step Right backwards; Hold
5-6 Step Left to Left side, Close Right next to Left.
7-8 Step Left forward; Hold [Faces 9.00]

CROSS ROCK, RECOVER, SIDE, HOLD, CROSS ROCK RECOVER, STEP, PIVOT, ¼ TURN, HOLD

1-2 Cross rock Right over Left, recover on to Left.
3-4 Step Right to Right side. Hold
5-6 Cross rock Left across Right, recover on to Right.
7-8 Turn ¼ turn Left while stepping Left forward: Hold [Faces 6.00]

ROCK, RECOVER, STEP BACK, HOLD, ** RONDE ¼ TURN LEFT, STEP SIDE, HOLD

1-2 Rock forward on the Right, recover on to Left.
3-4 Step long step Right back. Hold
5-6 Sweep (Ronde) Left round behind Right, Turn ¼ Left stepping Right in place.
7-8 Take a small step Left to Left side, Hold [Faces 3.00]

HIP SWAYS, CROSS STEP, HOLD, ¼ TURN RIGHT, LONG STEP RIGHT SIDE, TOUCH, HOLD

1-2 Sway weight on to Right foot, Sway weight back on to Left.

3-4 Cross step Right in front of Left: Hold
5-6 Turn ¼ Right stepping back on the Left, Step a LONG step Right to Right side.
7-8 TOUCH Left next to Right instep and.... Hold [Faces 6.00]

Begin dance again...

**RESTART: On Wall 5...facing at 12.00... dance to 16 counts (Music: 2:28 approx)
and then Restart the dance again.**
